

Infant-Early Childhood Mental Health (IECMH)

IECMH information and links

We have partnered with Washington State Infant and Early Childhood Mental Health (IECMH) to address the mental, behavioral, and developmental disorders affecting about one in five young children. Early identification and treatment of these conditions are crucial to returning children to a path of healthier development and strengthening the caregiver-child relationship. IECMH services are accessible to children from birth to five years old and their families. The Washington State Health Care Authority (HCA) and its partners offer tools, guidance, and connection opportunities to further support providers in delivering these essential services.

'DC:0-5 requirement' billing and clinical guidance

Apple Health mental health professionals conducting a mental Health Assessment for a child from birth through age 5 are required to use the DC:0-5.

IECMH-WC website

Free DC:0-5 training for Apple Health providers is available through the Infant-Early Childhood Mental Health Workforce Collaborative (IECMH-WC).

'Multi-session assessment' billing and clinical guidance

Providers conducting a mental Health Assessment (a Psychiatric Diagnostic Evaluation or Intake Evaluation) with children from birth through age 5 can be reimbursed for up to five sessions per billing provider, per client, per calendar year, without prior authorization.



'Provider travel' billing and clinical guidance

Provider travel is eligible for reimbursement when providers conduct a mental Health Assessment for children aged birth through age 5 in the home or a community setting.

The following information must be included on any submitted claims to qualify them for provider travel reimbursement:

- CPT®/HCPCS code (90791, 90792, H0031)
- Patient age (0 years up until the sixth birthday)
- Place of Service code (03: School, 04: Homeless Shelter, 12: Home, 99: Other Place of Service)

Claims with a U8 modifier, which identify services provided to Wraparound Intensive Services (WISe) participants by qualified WISe practitioners, are not eligible for MHAYC provider travel reimbursement.

Provider travel will be reimbursed at the mileage rate. Current mileage reimbursement rates can be found on the Office of Financial Management's [accounting resource page regarding travel](#).

To request reimbursement, please submit your completed [A-19 Travel Reimbursement Form](#) to WAOperationsSupport@wellpoint.com. Your data will be reviewed and validated from encounters submitted for this service before payments are dispersed.

DC:0-5 crosswalk

The **Apple Health DC:0-5™ Crosswalk** is a tool that helps Apple Health providers crosswalk DC:0-5 diagnoses to associated ICD-10-CM diagnostic codes, which are required for Apple Health billing purposes.

HCA MHAYC webpage

The **HCA MHAYC webpage** guides billing and clinical policy for MHAYC, including regular billing webinars and more.

HCA IECMH webpage

The **HCA IECMH webpage** provides additional guidance on billing and clinical policy for infant-early childhood mental health (IECMH) services, including quarterly **IECMH Office Hours**, the **IECMH Services toolkit**, and more.



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