

Updated Clinical Practice Guidelines now available online

Updated Clinical Practice Guidelines are now available on the website. These evidence-based guidelines were reviewed and approved by our quality improvement committee. The guidelines include direct links to the source documents for reference.

Updates in the 2023 version include:

- Updates to links and dates published in existing guidelines as needed.
- Addition of guidelines:
 - Substance Abuse and Mental Health Services Administration (SAMSHA) National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (2020)
 - Lyme disease prevention, diagnosis and treatment guideline by the Infectious Diseases Society, American Academy of Neurology, and American College of Rheumatology (2020)
 - COVID-19 treatment and management guideline by the Infectious Diseases Society of America (regularly updated)
 - E-cigarettes and similar devices policy statement by the American Academy of Pediatrics (2019)
 - Transgender and Gender Diverse People standards of care for health by the World Professional Association for Transgender Health (Version 8)
- Replacement of guidelines:
 - Replaced National Institute for Health & Clinical Excellence (NICE) document on depression treatment in adults with the American Psychological Association (APA) Clinical Practice Guideline on the Treatment of Depression across three age cohorts (2019)
 - Replaced resource page on schizophrenia from College of Psychiatric & Neurologic Pharmacists with an APA practice guideline on the treatment of schizophrenia (2021)
 - Replaced an American Academy of Pediatrics (AAP) consensus statement on childhood and adolescent obesity and AAP clinical practice guideline regarding obesity evaluation and treatment in the pediatric population (2023)

No action is needed; this update is informational only. The guidelines below can be downloaded from our provider website [at provider.wellpoint.com/wa/](https://provider.wellpoint.com/wa/) > **Resources**. For a printed copy, please call Provider Services at **833-731-2274**.

Contact your local Provider Relationship Management representative or call Provider Services toll free at **833-731-2274** if you have any questions.