

## *Clinical Utilization Management Guidelines*

Attached is a list of the *Clinical Utilization Management (UM) Guidelines* Wellpoint has adopted.

The full list of *Medical Policies* and *Clinical UM Guidelines* are publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

InterQual® Criteria or MCG Care Guidelines are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

In addition, American Society of Addiction Medicine® criteria is used for substance abuse services according to state requirements.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG Care Guidelines and InterQual Criteria.

**Note:** We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.0004*.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

## Clinical Utilization Management Guidelines

Washington | Medicaid

The *Clinical Utilization Management Guidelines (CUMG)* below, that are indicated as *new*, were adopted by the Medical Operations Committee for Apple Health members on September 28, 2023.

To view a guideline, visit <https://provider.wellpoint.com/washington-provider/resources/manuals-and-guides/medical-policies-and-clinical-guidelines>.

CUMG number	CUMG title	New item
CG-ADMIN-01	Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists	
CG-ANC-03	Acupuncture	
CG-ANC-04	Ambulance Services: Air and Water	
CG-ANC-05	Ambulance Services: Ground; Emergent	
CG-ANC-06	Ambulance Services: Ground; Nonemergent	
CG-ANC-07	Inpatient Interfacility Transfers	
CG-ANC-08	Mobile Device-Based Health Management Applications	
CG-BEH-02	Adaptive Behavioral Treatment	
CG-BEH-14	Intensive In-Home Behavioral Health Services	
CG-BEH-15	Activity Therapy for Autism Spectrum Disorders and Rett Syndrome	
CG-DME-03	Neuromuscular Stimulation in the Treatment of Muscle Atrophy	
CG-DME-04	Electrical Nerve Stimulation, Transcutaneous, Percutaneous	
CG-DME-05	Cervical Traction Devices for Home Use	
CG-DME-06	Compression Devices for Lymphedema	
CG-DME-07	Augmentative and Alternative Communication (AAC) Devices with Digitized or Synthesized Speech Output	
CG-DME-08	Infant Home Apnea Monitors	
CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites using an Elastomeric Infusion Pump During the Postoperative Period	
CG-DME-10	Durable Medical Equipment	
CG-DME-12	Home Phototherapy Devices for Neonatal Hyperbilirubinemia	
CG-DME-13	Lower Limb Prosthesis	
CG-DME-15	Hospital Beds and Accessories	
CG-DME-16	Pressure Reducing Support Systems Groups 1, 2 and 3	

<i>CUMG</i> number	<i>CUMG</i> title	New item
CG-DME-18	Home Oxygen Therapy	
CG-DME-19	Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes	
CG-DME-20	Orthopedic Footwear	
CG-DME-21	External Infusion Pumps for the Administration of Drugs in the Home or Residential Care Settings	
CG-DME-22	Ankle-Foot & Knee-Ankle-Foot Orthoses	
CG-DME-23	Lifting Devices for Use in the Home	
CG-DME-24	Wheeled Mobility Devices: Manual Wheelchairs — Standard, Heavy Duty and Lightweight	
CG-DME-25	Seat Lift Mechanisms	
CG-DME-26	Back-Up Ventilators in the Home Setting	
CG-DME-30	Prothrombin Time Self-Monitoring Devices	
CG-DME-31	Powered Wheeled Mobility Devices	
CG-DME-33	Wheeled Mobility Devices: Manual Wheelchairs — Ultra Lightweight	
CG-DME-34	Wheeled Mobility Devices: Wheelchair Accessories	
CG-DME-35	Electric Breast Pumps	
CG-DME-36	Pediatric Gait Trainers	
CG-DME-37	Air Conduction Hearing Aids	
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch Devices	
CG-DME-40	Noninvasive Electrical Bone Growth Stimulation of the Appendicular Skeleton	
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use	
CG-DME-42	Nonimplantable Insulin Infusion and Blood Glucose Monitoring Devices	
CG-DME-43	High Frequency Chest Compression Devices for Airway Clearance	
CG-DME-44	Electric Tumor Treatment Field (TTF)	
CG-DME-45	Ultrasound Bone Growth Stimulation	
CG-DME-46	Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting	
CG-DME-47	Noninvasive Home Ventilator Therapy for Respiratory Failure	
CG-DME-48	Vacuum Assisted Wound Therapy in the Outpatient Setting	
CG-DME-49	Standing Frames	
CG-GENE-04	Molecular Marker Evaluation of Thyroid Nodules	
CG-GENE-10	Chromosomal Microarray Analysis (CMA) for Developmental Delay, Autism Spectrum Disorder, Intellectual Disability (Intellectual Developmental Disorder) and Congenital Anomalies	
CG-GENE-11	Genotype Testing for Individual Genetic Polymorphisms to Determine Drug-Metabolizer Status	

<i>CUMG</i> number	<i>CUMG</i> title	New item
<b>CG-GENE-13</b>	Genetic Testing for Inherited Diseases	
<b>CG-GENE-14</b>	Gene Mutation Testing for Solid Tumor Cancer Susceptibility and Management	
<b>CG-GENE-15</b>	Genetic Testing for Lynch Syndrome, Familial Adenomatous Polyposis (FAP), Attenuated FAP and MYH-associated Polyposis	
<b>CG-GENE-16</b>	BRCA Testing for Breast and/or Ovarian Cancer Syndrome	
<b>CG-GENE-18</b>	Genetic Testing for TP53 Mutations	
<b>CG-GENE-19</b>	Detection and Quantification of Tumor DNA Using Next Generation Sequencing in Lymphoid Cancers	
<b>CG-GENE-21</b>	Cell-Free Fetal DNA-Based Prenatal Testing	
<b>CG-GENE-22</b>	Gene Expression Profiling for Managing Breast Cancer Treatment	
<b>CG-LAB-03</b>	Tropism Testing for HIV Management	
<b>CG-LAB-09</b>	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain	
<b>CG-LAB-10</b>	Zika Virus Testing	
<b>CG-LAB-11</b>	Screening for Vitamin D Deficiency in Average Risk Individuals	
<b>CG-LAB-12</b>	Testing for Oral and Esophageal Cancer	
<b>CG-LAB-13</b>	Skin Nerve Fiber Density Testing	
<b>CG-LAB-14</b>	Respiratory Viral Panel Testing in the Outpatient Setting	
<b>CG-LAB-15</b>	Red Blood Cell Folic Acid Testing	
<b>CG-LAB-16</b>	Serum Amylase Testing	
<b>CG-LAB-17</b>	Molecular Gastrointestinal Pathogen Panel (GIPP) Testing for Infectious Diarrhea in the Outpatient Setting	
<b>CG-LAB-19</b>	Laboratory Evaluation of Vitamin B12	
<b>CG-LAB-20</b>	Thyroid Testing	
<b>CG-LAB-21</b>	Serum Iron Testing	
<b>CG-LAB-22</b>	Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis	
<b>CG-LAB-24</b>	Outpatient Urine Culture	
<b>CG-LAB-25</b>	Outpatient Glycated Hemoglobin and Protein Testing	
<b>CG-LAB-26</b>	Outpatient Alpha-Fetoprotein Testing	
<b>CG-LAB-27</b>	Human Chorionic Gonadotropin Testing	
<b>CG-LAB-28</b>	Prostate Specific Antigen Testing	
<b>CG-LAB-29</b>	Gamma Glutamyl Transferase Testing	
<b>CG-LAB-30</b>	Outpatient Laboratory-based Blood Glucose Testing	
<b>CG-MED-02</b>	Esophageal pH Monitoring	
<b>CG-MED-05</b>	Ketogenic Diet for Treatment of Intractable Seizures	
<b>CG-MED-08</b>	Home Enteral Nutrition	
<b>CG-MED-19</b>	Custodial Care	
<b>CG-MED-21</b>	Anesthesia Services and Moderate ("Conscious") Sedation	
<b>CG-MED-23</b>	Home Health	

<i>CUMG</i> number	<i>CUMG</i> title	New item
CG-MED-24	Electromyography and Nerve Conduction Studies	
CG-MED-26	Neonatal Levels of Care	
CG-MED-28	Iontophoresis	
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures	
CG-MED-35	Retinal Telescreening Systems	
CG-MED-37	Intensive Programs for Pediatric Feeding Disorders	
CG-MED-38	Inpatient admission for Radiation Therapy for Cervical or Thyroid Cancer	
CG-MED-39	Bone Mineral Density Testing Measurement	
CG-MED-40	External Ambulatory Event Monitors to Detect Cardiac Arrhythmias	
CG-MED-41	Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting	
CG-MED-42	Maternity Ultrasound in the Outpatient Setting	
CG-MED-45	Transrectal Ultrasonography	
CG-MED-46	Electroencephalography and Video Electroencephalographic Monitoring	
CG-MED-47	Fundus Photography	
CG-MED-48	Scrotal Ultrasound	
CG-MED-49	Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders	
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials	
CG-MED-51	Three-Dimensional (3-D) Rendering of Imaging Studies	
CG-MED-52	Allergy Immunotherapy (Subcutaneous)	
CG-MED-53	Cervical Cancer Screening Using Cytology and Human Papillomavirus Testing	
CG-MED-54	Strapping	
CG-MED-55	Site of Care: Advanced Radiologic Imaging	
CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography	
CG-MED-57	Cardiac Stress Testing with Electrocardiogram	
CG-MED-59	Upper Gastrointestinal Endoscopy in Adults	
CG-MED-61	Preoperative Testing for Low-Risk Invasive Procedures and Surgeries	
CG-MED-62	Resting Electrocardiogram Screening in Adults	
CG-MED-64	Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins	
CG-MED-65	Manipulation Under Anesthesia	
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue	
CG-MED-68	Therapeutic Apheresis	
CG-MED-69	Inhaled Nitric Oxide	

<i>CUMG</i> number	<i>CUMG</i> title	New item
CG-MED-70	Wireless Capsule Endoscopy for Gastrointestinal Imagine and the Patency Capsule	
CG-MED-71	Chronic Wound Care in the Home or Outpatient Setting	
CG-MED-72	Hyperthermia for Cancer Therapy	
CG-MED-73	Hyperbaric Oxygen Therapy (Systemic/Topical)	
CG-MED-74	Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry	
CG-MED-76	Magnetic Source Imaging and Magnetoencephalography	
CG-MED-78	Anesthesia Services for Interventional Pain Management Procedures	
CG-MED-79	Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm Pacing Systems	
CG-MED-81	High Intensity Focused Ultrasound (HIFU) for Oncologic Indications	
CG-MED-83	Site of Care: Specialty Pharmaceuticals	
CG-MED-84	Non-Obstetric Gynecologic Duplex Ultrasonography of the Abdomen and Pelvis in the Outpatient Setting	
CG-MED-85	Posterior Segment Optical Coherence Tomography	
CG-MED-86	Enhanced External Counterpulsation in the Outpatient Setting	
CG-MED-88	Preimplantation Genetic Diagnosis Testing	
CG-MED-89	Home Parenteral Nutrition	
CG-MED-90	Chelation Therapy	
CG-MED-91	Remote Therapeutic and Physiologic Monitoring Services	
CG-MED-92	Foot Care Services	
CG-MED-93	Navigational Bronchoscopy	
CG-MED-95	Transanal Irrigation	New
CG-OR-PR-02	Prefabricated and Prophylactic Knee Braces	
CG-OR-PR-03	Custom-made Knee Braces	
CG-OR-PR-04	Cranial Remodeling Bands and Helmets (Cranial Orthotics)	
CG-OR-PR-05	Myoelectric Upper Extremity Prosthesis Devices	
CG-OR-PR-06	Spinal Orthoses: Thoracic-Lumber-Sacral (TLSO), Lumber-Sacral (LSO), and Lumber	
CG-OR-PR-08	Microprocessor Controlled Lower Limb Prosthesis	New
CG-OR-PR-09	Microprocessor Controlled Knee-Ankle-Foot Orthosis	New
CG-REHAB-02	Outpatient Cardiac Rehabilitation	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-REHAB-07	Skilled Nursing and Skilled Rehabilitation Services (Outpatient)	
CG-REHAB-08	Private Duty Nursing in the Home Setting	
CG-REHAB-10	Level of Care: Outpatient Physical Therapy, Occupational Therapy and Speech-Language Pathology Services	

<i>CUMG</i> number	<i>CUMG</i> title	New item
<b>CG-REHAB-12</b>	Rehabilitative and Habilitative Services in the Home Setting: Physical Medicine/Physical Therapy, Occupational Therapy and Speech-Language Pathology	
<b>CG-SURG-01</b>	Colonoscopy	
<b>CG-SURG-03</b>	Blepharoplasty, Blepharoptosis Repair and Brow Lift	
<b>CG-SURG-05</b>	Maze Procedure	
<b>CG-SURG-07</b>	Vertical Expandable Prosthetic Titanium Rib	
<b>CG-SURG-08</b>	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury	
<b>CG-SURG-09</b>	Temporomandibular Disorders	
<b>CG-SURG-10</b>	Ambulatory or Outpatient Surgery Center Procedures	
<b>CG-SURG-11</b>	Surgical Treatment for Dupuytren's Contracture	
<b>CG-SURG-12</b>	Penile Prosthesis Implantation	
<b>CG-SURG-15</b>	Endometrial Ablation	
<b>CG-SURG-17</b>	Trigger Point Injections	
<b>CG-SURG-18</b>	Septoplasty	
<b>CG-SURG-24</b>	Functional Endoscopic Sinus Surgery (FESS)	
<b>CG-SURG-25</b>	Injection Treatment for Morton's Neuroma	
<b>CG-SURG-28</b>	Transcatheter Uterine Artery Embolization	
<b>CG-SURG-29</b>	Lumbar Discography	
<b>CG-SURG-30</b>	Tonsillectomy for Children with or without Adenoidectomy	
<b>CG-SURG-31</b>	Treatment of Keloids and Scar Revision	
<b>CG-SURG-34</b>	Diagnostic Infertility Surgery	
<b>CG-SURG-35</b>	Intracytoplasmic Sperm Injection (ICSI)	
<b>CG-SURG-36</b>	Adenoidectomy	
<b>CG-SURG-37</b>	Destruction of Pre-Malignant Skin Lesions	
<b>CG-SURG-40</b>	Cataract Removal Surgery for Adults	
<b>CG-SURG-41</b>	Surgical Strabismus Correction	
<b>CG-SURG-46</b>	Myringotomy and Tympanostomy Tube Insertion	
<b>CG-SURG-49</b>	Endovascular Techniques (Percutaneous or Open Exposure) for Arterial Revascularization of the Lower Extremities	
<b>CG-SURG-50</b>	Assistant Surgeons	
<b>CG-SURG-51</b>	Outpatient Cystourethroscopy	
<b>CG-SURG-52</b>	Site of Care: Hospital-Based Ambulatory Surgical Procedures and Endoscopic Services	
<b>CG-SURG-55</b>	Cardiac Electrophysiological Studies (EPS) and Catheter Ablation	
<b>CG-SURG-56</b>	Diagnostic Fiberoptic Flexible Laryngoscopy	
<b>CG-SURG-57</b>	Diagnostic Nasal Endoscopy	
<b>CG-SURG-58</b>	Radioactive Seed Localization of Nonpalpable Breast Lesions	
<b>CG-SURG-59</b>	Vena Cava Filters	

<i>CUMG</i> number	<i>CUMG</i> title	New item
<b>CG-SURG-61</b>	Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver	
<b>CG-SURG-63</b>	Cardiac Resynchronization Therapy with or without an Implantable Cardioverter Defibrillator for the Treatment of Heart Failure	
<b>CG-SURG-70</b>	Gastric Electrical Stimulation	
<b>CG-SURG-71</b>	Reduction Mammoplasty	
<b>CG-SURG-72</b>	Endothelial Keratoplasty	
<b>CG-SURG-73</b>	Balloon Sinus Ostial Dilation	
<b>CG-SURG-75</b>	Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions	
<b>CG-SURG-76</b>	Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty	
<b>CG-SURG-77</b>	Refractive Surgery	
<b>CG-SURG-78</b>	Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies	
<b>CG-SURG-79</b>	Implantable Infusion Pumps	
<b>CG-SURG-81</b>	Cochlear Implants and Auditory Brainstem Implants	
<b>CG-SURG-82</b>	Bone-Anchored and Bone Conduction Hearing Aids	
<b>CG-SURG-83</b>	Bariatric Surgery and Other Treatments for Clinically Severe Obesity	
<b>CG-SURG-84</b>	Mandibular/Maxillary (Orthognathic) Surgery	
<b>CG-SURG-86</b>	Endovascular/Endoluminal Repair of Aortic Aneurysms, Aortoiliac Disease, Aortic Dissection and Aortic Transection	
<b>CG-SURG-87</b>	Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring	
<b>CG-SURG-88</b>	Mastectomy for Gynecomastia	
<b>CG-SURG-89</b>	Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia	
<b>CG-SURG-90</b>	Mohs Micrographic Surgery	
<b>CG-SURG-91</b>	Minimally Invasive Ablative Procedures for Epilepsy	
<b>CG-SURG-92</b>	Paraesophageal Hernia Repair	
<b>CG-SURG-93</b>	Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction	
<b>CG-SURG-94</b>	Keratoprosthesis	
<b>CG-SURG-95</b>	Sacral Nerve Stimulation and Percutaneous Tibial Nerve Stimulation for Urinary and Fecal Incontinence; Urinary Retention	
<b>CG-SURG-96</b>	Intraocular Telescope	
<b>CG-SURG-97</b>	Cardioverter Defibrillators	
<b>CG-SURG-98</b>	Prostate Biopsy using MRI Fusion Techniques	
<b>CG-SURG-99</b>	Panniculectomy and Abdominoplasty	



<i>CUMG</i> number	<i>CUMG</i> title	New item
<b>CG-SURG-100</b>	Laser Trabeculoplasty and Laser Peripheral Iridotomy	
<b>CG-SURG-101</b>	Ablative Techniques as a Treatment for Barrett's Esophagus	
<b>CG-SURG-102</b>	Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy	
<b>CG-SURG-103</b>	Penile Circumcision	
<b>CG-SURG-104</b>	Intraoperative Neurophysiological Monitoring	
<b>CG-SURG-105</b>	Corneal Collagen Cross-Linking	
<b>CG-SURG-106</b>	Venous Angioplasty with or without Stent Placement or Venous Stenting Alone	
<b>CG-SURG-108</b>	Stereotactic Radiofrequency Pallidotomy	
<b>CG-SURG-111</b>	Open Sacroiliac Joint Fusion	
<b>CG-SURG-112</b>	Carpal Tunnel Decompression Surgery	
<b>CG-SURG-113</b>	Tonsillectomy with or without Adenoidectomy for Adults	
<b>CG-SURG-114</b>	Ophthalmic use of Nd: YAG Laser for Posterior Capsulotomy	
<b>CG-SURG-115</b>	Mechanical Embolectomy for Treatment of Stroke	
<b>CG-SURG-116</b>	Surgical Treatment of Hyperhidrosis	
<b>CG-SURG-117</b>	Balloon Dilation of the Eustachian Tubes	
<b>CG-THER-RAD-07</b>	Intravascular Brachytherapy (Coronary and Non-Coronary)	
<b>CG-TRANS-02</b>	Kidney Transplantation	
<b>CG-TRANS-03</b>	Donor Lymphocyte Infusion for Hematologic Malignancies after Allogeneic Hematopoietic Progenitor Cell Transplantation	