



Clinical Practice Guidelines

Washington | Medicare Advantage • Commercial

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Adult Health *Note: Multiple documents also discuss the management of the referenced condition in the pediatric population.*

Infectious Disease

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Adjustment Disorder	Adjustment Disorder (Updated: September 22, 2025)	John Hopkins Medicine	Adjustment Disorder Johns Hopkins Psychiatry Guide

Coverage provided by Wellpoint Washington, Inc.

Wellpoint Washington, Inc. profoundly acknowledges and respects the inherent sovereignty of the federally recognized Tribes in Washington state. In our efforts to promote high-quality healthcare, we honor the Tribal right of self-governance, holding in deep esteem the government-to-government relationship existing between the state and the Tribes, a bond reiterated by the Centennial Accord and established by RCW 43.376. We heartily commit to enhancing our coordination, collaboration, and recognition of the deeply rooted traditions and values of the Tribal communities.

WA-WP-CRCM-010333-26-GRP2410 | May 2026

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Alzheimer's Disease/Dementia	Health Systems and Medical Professionals Resource Site	Alzheimer's Association	https://www.alz.org/professionals/health-systems-medical-professionals
	American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (May 2016)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807
Anxiety	Anxiety Disorders (Last Reviewed December 2024)	National Institute of Mental Health (NIMH)	http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
Appendicitis	Diagnosis and Treatment of Acute Appendicitis: 2020 Update of the WSES Jerusalem Guidelines	World Society of Emergency Surgery (WSES)	https://www.wses.org.uk/wp-content/uploads/2020/04/acute-appendicitis-update.pdf
Asthma	Guidelines for the Diagnosis and Management of Asthma (EPR-3) (September 2012)	National Heart, Lung and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group (Updated February 04, 2021)		https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines
	Global Strategy for Asthma Management and Prevention (Updated November 2025)	Global Initiative for Asthma (GINA)	https://ginasthma.org/wp-content/uploads/2025/11/GINA-2025-Update-25_11_08-WMS.pdf
Atopic Dermatitis	Atopic Dermatitis Clinical Guideline (Updated September 2025)	American Academy of Dermatology	https://www.aad.org/member/clinical-quality/guidelines/atopic-dermatitis
Behavioral Health Screening,	The American Psychiatric	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Assessment and Treatment	Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)		
	National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (January 2025)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://bja.ojp.gov/sites/g/files/xyckuh186/files/media/document/samsha-national-guidelines.pdf
	2025 National Guidelines for a Behavioral Health Coordinated System of Crisis Care	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://988crisissystemshelp.samhsa.gov/sites/default/files/2025-04/national-guidelines-crisis-care-pep24-01-037.pdf
Bipolar Disorder* * addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder

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Borderline Personality	Practice Guideline for the Treatment of Patients with Borderline Personality Disorder (November 2024)	American Psychiatric Association	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890428009
Coronary Artery Disease (CAD)	AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update)	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d
	Treatment of Hypertension in Patients With Coronary Artery Disease (Updated September 2016)	American Heart Association, American College of Cardiology, and American Society of Hypertension	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207
	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women- 2011 Update	American Heart Association (AHA)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8

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	(February 2011)		
	ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010
	2021 AHA/ACC/ASE/CH EST/SAEM/ SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain	American College of Cardiology/ American Heart Association/ Society of Cardiovascular Computed Tomography/Society for Academic Emergency Medicine/Society for Cardiovascular Magnetic Resonance/American College of Chest Physicians/American Society of Echocardiography/American Heart	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053
	2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization	American College of Cardiology /American Heart Association /Society for Cardiovascular Angiography and Interventions	https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.60669549.1356655696.1641505900-317854238.1639608139
Celiac Disease	ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (January 2023)	American College of Gastroenterology	https://journals.lww.com/ajg/fulltext/2023/01000/%20american_college_of_gastroenterology_guidelines.17.aspx

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Chronic Kidney Disease (CKD)	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI) [™] evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications	National Kidney Foundation	https://www.kidney.org/professionals/guidelines/guidelines_commentaries
	Chronic Kidney Disease: Detection and Evaluation (2017)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/2017/1215/p776.html
	KDIGO (Kidney Disease Improving Global Outcomes) 2024 CKD evaluation and Management	International Society of Nephrology	https://kdigo.org/guidelines/ckd-evaluation-and-management/
Chronic Obstructive Pulmonary Disease (COPD)	Global Strategy for the Prevention, Diagnosis, and Management of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	https://goldcopd.org/2025-gold-report/

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Delirium	Prevention and Treatment of Delirium (2025)	American Psychiatric Association (APA)	https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines/delirium
Depression	Canadian Network for Mood and Anxiety Treatments (CANMAT) 2023 Update on Clinical Guidelines for Management of Major Depressive Disorder in Adults (Updated August 2025)	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://journals.sagepub.com/doi/epub/10.1177/07067437241245384
	Depression in Adults: Screening (June 2023)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-adults
	VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder (2022)	Department of Veterans Affairs Department of Defense	https://www.healthquality.va.gov/guidelines/MH/mdd/
	APA Clinical Practice Guideline for the Treatment of Depression	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf

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	Across Three Age Cohorts (February 2019)		
Diabetes	Standards of Medical Care in Diabetes (2026)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/49/Supplement_1
Eating Disorders	Practice Guideline for the Treatment of Patients with Eating Disorders Fourth Edition (2023)	American Psychiatric Association (APA)	https://ajp.psychiatryonline.org/doi/pdf/10.1176%2Fappi.ajp.23180001
Eosinophilic Esophagitis	AGA Institute and the Joint Task Force on Allergy-Immunology Practice Parameters Clinical Guidelines for the Management of Eosinophilic Esophagitis (2020)	American Gastroenterological Association (AGA)	https://www.gastrojournal.org/action/showPdf?pii=S0016-5085%2820%2930265-1
Gender-Dysphoria/Incongruence	Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558?login=true

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	Persons: An Endocrine Society Clinical Practice Guideline (September 2017)		https://academic.oup.com/jcem/article/103/2/699/4675081
	Correction to Clinical Practice Guideline (February 2018)		https://academic.oup.com/jcem/article/103/7/2758/5036711
	Correction to Clinical Practice Guideline (July 2018)		
	Standards of Care for the Health of Transgender and Gender Diverse People, Version 8	World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/publications/soc
Fall Risk	Falls Prevention in Community-Dwelling Older Adults: Interventions (June 2024)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/falls-prevention-community-dwelling-older-adults-interventions
	Evidence-Based Falls Prevention Programs:	National Council on Aging	https://www.ncoa.org/article/evidence-based-falls-prevention-programs/

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	Resources for Professionals and Advocates		
Hearing Loss	Age-Related Hearing Loss (April 2024)	American Academy of Otolaryngology — Head and Neck Surgery	https://www.entnet.org/quality-practice/quality-products/clinical-practice-guidelines/cpg-age-related-hearing-loss/
Heart Failure (HF)	2022 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA)	https://www.ahajournals.org/doi/epub/10.1161/CIR.0000000000001142 http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706
Hyperlipidemia	2026 ACC/AHA/AACVPR/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline	American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of	https://www.jacc.org/doi/10.1016/j.jacc.2025.11.016

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	on the Management of Dyslipidemia: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines	Physician Assistants/Association of Black Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA)	
Hypertension	ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (2025)	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA)	https://www.jacc.org/doi/abs/10.1016/j.jacc.2025.10.006
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A	American College of Physicians (ACP)	https://www.acpjournals.org/doi/10.7326/M16-2367

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	Clinical Practice Guideline from the American College of Physicians (2017)		
Obesity	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions (September 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions
	2013 AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (Updated June 2014)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	https://www.ahajournals.org/doi/10.1161/01.cir.0000437739.71477.ee
Oppositional Defiant Disorder (ODD)	Common Questions About Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/dam/brand/aafp/pubs/afp/issues/2016/0401/p586.pdf
	ODD: A Guide for Families by the American Academy of Child and Adolescent Psychiatry	American Academy of Child & Adolescent Psychiatry (AACAP)	https://www.aacap.org/App_Themes/AACAP/docs/resource_centers/odd/odd_resource_center_odd_guide.pdf

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Pain (Chronic)	APA CLINICAL PRACTICE GUIDELINE for Psychological and Other Nonpharmacological Treatment of Chronic Musculoskeletal Pain in Adults (2024)	American Psychological Association (APA)	https://www.apa.org/practice/guidelines/nonpharmacological-treatment-chronic-musculoskeletal-pain.pdf
Posttraumatic Stress Disorder	APA Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2025) VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2024) PTSD Screening Instruments	American Psychological Association (APA) Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group Department of Veterans Affairs: PTSD: National Center for PTSD	https://www.apa.org/ptsd-guideline/ptsd.pdf https://www.healthquality.va.gov/guidelines/MH/ptsd/PTSD-in-Annals-2024.pdf VA/DoD Clinical Practice Guideline for Management of Posttraumatic Stress Disorder and Acute Stress Disorder https://www.ptsd.va.gov/professional/assessment/screens/index.asp

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Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis	American College of Rheumatology (ACR)	https://assets.contentstack.io/v3/assets/bltee37abb6b278ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a/ra-guideline-2021.pdf
Rhinitis	Rhinitis 2020: A practice parameter update	American Academy of Allergy, Asthma, and Immunology (AAAAI)	https://www.jacionline.org/action/showPdf?pii=S0091-6749%2820%2931023-X
Schizophrenia	Practice Guideline for the Treatment of Patients with Schizophrenia 3 rd edition (2021) VA/DoD Clinical Practice Guideline for the Management of First-Episode Psychosis and Schizophrenia (2023)	American Psychiatric Association (APA) Veterans Administration/Department of Defense (VA/DoD)	https://s21151.pcdn.co/wp-content/uploads/APA-Practice-Guideline-for-the-Trmt-of-Patients-with-Schizophrenia-3rd-Edition-SRC-1-8-21-CMMC-1.pdf https://www.mirecc.va.gov/visn22/VA_DoD_2023_Guideline_for_the_Management_of_First_Episode_Psychosis_and_Schizophrenia.asp
Sickle Cell Anemia	American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain	American Society of Hematology	https://ashpublications.org/bloodadvances/article/4/12/2656/460974/

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Stroke	2024 Guideline for the Primary Prevention of Stroke: A Guideline From the American Heart Association/American Stroke Association (Updated February 2025)	American Heart Association/American Stroke Association	https://www.ahajournals.org/doi/epub/10.1161/STR.0000000000000475
Suicide Risk	SAFE-T: Suicide Assessment Five-Step Evaluation and Triage for Clinicians (Last updated 2/21/2025)	Suicide Prevention Resource Center (SPRC)	https://www.samhsa.gov/resource/dbhis/safe-t-pocket-card-suicide-assessment-five-step-evaluation-triage-safe-t-clinicians
	VA/DoD Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide (2024)	Veterans Administration/Department of Defense (VA/DoD)	https://healthquality.va.gov/HEALTHQUALITY/guidelines/MH/srb/VADoD-CPG-Suicide-Risk-Full-CPG-2024_Final_508.pdf
Surgery	Surgical technical evidence review for	Agency for Healthcare Research and Quality (AHRQ)	https://www.ajog.org/article/S0002-9378(18)30583-0/pdf

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	gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)	AHRQ	https://www.ncbi.nlm.nih.gov/pubmed/28797562
	Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017)	AHRQ	https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451
	Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)		

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Trauma Care	Trauma-Informed Care in Behavioral Health Services (October 2015) Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420 Trauma-Informed Care in Behavioral Health Services SAMHSA Library
Urinary Tract Infections	Clinical Practice Guideline by Infectious Diseases Society of America (IDSA): 2025 Guideline on Management and Treatment of Complicated Urinary Tract Infections: Introduction and Methods (2025)	Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/globalassets/idsa/practice-guidelines/cuti/introduction-and-methods-manuscript.pdf
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Chlamydia/ Human Papillomavirus (HPV)	Sexually Transmitted	Center for Disease Control and Prevention (CDC)	https://www.cdc.gov/std/treatment-guidelines/default.htm

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	Diseases Treatment Guidelines (2021)		
Hepatitis B	AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015) Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)	American Association for the Study of Liver Diseases (AASLD)	https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.1002/hep.28156 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf
Hepatitis C	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C (Updated March 2025)	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	http://www.hcvguidelines.org/
	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1%20%20%20

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	(2016)		
HIV/AIDS	HIVMA/IDSA 2024 Primary Care Guidance Update for Providers Who Care for Persons with Human Immunodeficiency Virus	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/practice-guideline/primary-care-management-of-people-with-hiv/
	HIV Guidelines and Recommendations	Centers of Disease Control and Prevention (CDC)	https://www.cdc.gov/hivnexus/hcp/guidelines/index.html
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV	Infectious Diseases Society of America	https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf
	HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV (2013)	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241506168

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Lyme Disease	AAN/ACR/IDSA 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease	American Academy of Neurology (AAN), American College of Rheumatology (ACR), and Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/practice-guideline/lyme-disease/#null
Upper Respiratory Infections	Treatment of the Common Cold (2019)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2019/0901/p281.html
	Outpatient Clinical Care for Adults (Last reviewed April 16, 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/hcp/clinical-care/adult-outpatient.html?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians/adult-treatment-rec.html
	Outpatient Clinical Care for Pediatric Populations (Last reviewed April 22, 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/hcp/clinical-care/pediatric-outpatient.html?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians/pediatric-treatment-rec.html
	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 (Document updated on a regular basis)	Infectious Diseases Society of America	https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/
Tuberculosis	ATS/CDC/ERS/IDSA Clinical Practice Guidelines on the	American Thoracic Society (ATS), the Centers for Disease Control and Prevention (CDC), the European	https://www.idsociety.org/practice-guideline/treatment-of-drug-resistant-tb/#null

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	Treatment of Drug-Resistant Tuberculosis (2019)	Respiratory Society, and Infectious Diseases Society of American (IDSA)	
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Adjustment Disorder	Adjustment Disorder: Collection of Evidence-Based Practices, 10 th Edition	Virginia Commission on Youth	https://vcoy.virginia.gov/documents/collection/Adjustment%20Disorder%20-%2010th.pdf
Anxiety	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020)	American Academy of Adolescent Psychiatry	https://www.jaacap.org/article/S0890-8567(20)30280-X/fulltext#secsectitle0095
Attention Deficit Hyperactivity Disorder (ADHD)	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/144/4/e20192528/81590/Clinical-Practice-Guideline-for-the-Diagnosis

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	ADHD Diagnosis and Treatment in Children and Adolescents (2024)	Agency for Healthcare Research and Quality (AHRQ)	https://effectivehealthcare.ahrq.gov/products/attention-deficit-hyperactivity-disorder/research
Autism	Identification Evaluation, and Management of Children with Autism Spectrum Disorder (January 2020)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf
Celiac Disease / Gluten Disorders	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf
	NASPGHAN Clinical Report on the Diagnosis and Treatment of	NASPGHAN / European Society for Paediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN)	https://naspghan.org/files/documents/pdfs/position-papers/NASPGHAN_Clinical_Report_on_the_Diagnosis_and.28.pdf

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	Gluten-related Disorders (2016)		
Depression	Depression and Suicide Risk in Children and Adolescents: Screening (October 2022)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-children-adolescents
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf
Hypertension in Children and Adolescents	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/140/3/e20171904/38358/Clinical-Practice-Guideline-for-Screening-and
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children and	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/151/2/e2022060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and

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	Adolescents with Obesity (2023)		
	Clinical Report: The Role of the Pediatrician in the Promotion of Healthy, Active Living (March 2024)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/153/3/e2023065480/196676/The-Role-of-the-Pediatrician-in-the-Promotion-of
Oppositional Defiant Disorder (ODD)	Fifty years of preventing and treating childhood behaviour disorders: a systematic review to inform policy and practice (April 2018)	National Institute of Health (NIH) PubMed	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/
Pharmacologic Monitoring of Antipsychotics	Evidence-Based Recommendations for Monitoring Safety of Second Generation Antipsychotics in Children and Youth (2011)	Canadian Alliance for Monitoring Effectiveness and Safety of Antipsychotics in Children	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3143700/pdf/ccap20_3p218.pdf
Preventive Care	AAP Bright Futures	American Academy of Pediatrics (AAP)	https://www.aap.org/en/practice-management/bright-futures/

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	Learn the Signs. Act Early.	Centers for Disease Control (CDC)	https://www.cdc.gov/act-early/index.html
SUBSTANCE USE Return to Table of Contents			
Substance use	The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-occurring Conditions, Volume 1: Adults. 4th ed	American Society of Addiction Medicine	https://www.asam.org/asam-criteria <i>Document requires purchase</i>
	Medication-Assisted Treatment of Adolescents with Opioid Use Disorders (September 2016)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/138/3/e20161893/52715/Medication-Assisted-Treatment-of-Adolescents-With
	-Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019)	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/drug-testing
	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions

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	Counseling Interventions (November 2018)		
	CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s_cid=rr7103a1.htm_w
	American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management (2020)	American Society of Addiction Medicine	https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2
	American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969
	The National Practice Guideline for the Treatment of Opioid Use Disorder	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline

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	– 2020 Focused Update		
	Treatment Options for Substance Use Disorder (Updated August 2025)	Substance Abuse Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/medication-assisted-treatment
Cigarette Cessation	The Go-To Guide on Your Quitting Journey	Truth Initiative with Mayo Clinic	https://www.becomeanex.org/
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf
	2018 ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment	American College of Cardiology (ACC)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027
Electronic Cigarettes	E-Cigarettes (Vapes)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/e-cigarettes/?CDC_AAref_Val=https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm

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	American Academy of Pediatrics Policy Statement E-Cigarettes and Similar Devices (Reaffirmed August 2025)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/143/2/e20183652/37305/E-Cigarettes-and-Similar-Devices
All states offer smoking cessation telephone quitline services at no cost to you. Dialing 1-800-QUIT-NOW will connect the caller to their state quitline.			
WOMEN'S HEALTH Return to table of contents			
Perinatal Depression	Perinatal Depression: AAP Policy Statement on Recognition and Management (2019)	American Academy of Pediatrics (AAP)	https://www.aafp.org/pubs/afp/issues/2019/1001/p443.pdf
Routine Antepartum Care	American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017)	American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG)	https://publications.aap.org/aapbooks/book/522/Guidelines-for-Perinatal-Care?autologincheck=redirected
Preventive Care	Women's Preventive Services Guidelines (Last Reviewed 2022)	Health Resources and Services Administration (HRSA)	https://www.hrsa.gov/womens-guidelines-2016/index.html
Cancer Screening	Updated Cervical Cancer Screening Guidelines	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-advisory/articles/2021/04/updated-cervical-cancer-screening-guidelines

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	(Reaffirmed April 2025)		
	Cervical Cancer: Screening (August 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening
Diabetes and Pregnancy	Management of Diabetes in Pregnancy (2026)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/article/49/Supplement_1/S321/163918/15-Management-of-Diabetes-in-Pregnancy-Standards
	Gestational Diabetes Mellitus, Screening (August 2021)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/gestational-diabetes-mellitus-screening?ds=1&s=gestational%20diabetes
	WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia (2011) <i>Updates in 2018, 2020 2021</i>	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241548335
	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for	American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2010/03/magnesium-

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	Neuroprotection (Reaffirmed 2020)		sulfate-before-anticipated-preterm-birth-for-neuroprotection.pdf
Pregnancy	Tailored Prenatal Care Delivery for Pregnant Individuals (2025)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/clinical-consensus/articles/2025/04/tailored-prenatal-care-delivery-for-pregnant-individuals.pdf?rev=5090db51445e4f7eaccfd4b5c9de7983&hash=9A628D8A3AC996A84CE0EEE00624BD56
Substance use Specific to Women	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2021)	American Congress of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2015/06/alcohol-abuse-and-other-substance-use-disorders-ethical-issues-in-obstetric-and-gynecologic-practice
	Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014)	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241548731
	Substance Abuse and Mental Health	Substance Abuse and Mental Health Services Association	https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf

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	Services Association Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018)		
Equity in Health Care	Importance of Social Determinants of Health and Cultural Awareness in the Delivery of Reproductive Health Care (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/01/importance-of-social-determinants-of-health-and-cultural-awareness-in-the-delivery-of-reproductive-health-care.pdf
	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/08/marriage-and-family-building.pdf

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	Committee Opinion 586: Health Disparities in Rural Women (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2014/02/health-disparities-in-rural-women.pdf
Smoking Cessation during Pregnancy	Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (Reaffirmed 2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy
	Need Help Putting Out That Cigarette?	American Congress of Obstetrics and Gynecology (ACOG)	http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf
	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic," an Innovative Web-Based Training for Healthcare Professionals	Dartmouth Medical School	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/
OTHER TECHNOLOGY Return to Table of Contents			
Other Technology	Guidelines for the Practice of Telepsychology (Updated August 2024)	American Psychological Association (APA)	https://www.apa.org/about/policy/telepsychology-revisions

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	Best Practices in Videoconferencing-Based Telemental Health (April 2018)	American Psychiatric Association (APA) and American Telemedicine Association (ATA)	https://www.psychiatry.org/getmedia/05b9b9cb-dbb5-4df8-8948-e2b9bd659b55/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf
	AACAP's Telepsychiatry Toolkit	American Academy of Child & Adolescent Psychiatry (AACAP)	https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx
	Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021)	American Society of Clinical Oncology (ASCO)	https://ascopubs.org/doi/full/10.1200/OP.21.00438
	Telehealth and Telemedicine	American Academy of Family Physicians (AAFP)	https://www.aafp.org/family-physician/practice-and-career/managing-your-practice/telehealth-and-telemedicine.html
	Standards for Technology in Social Work Practice	National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education (CSWE) & Clinical Social Work Affiliation (CSWA)	https://www.socialworkers.org/Practice/NASW-Practice-Standards-Guidelines/Standards-for-Technology-in-Social-Work-Practice