

## HEDIS spotlight — Prenatal and Postpartum Care (PPC)

HEDIS® definition	
<p>The percentage of deliveries of live births on or between October 8 of the year prior to October 7 of the measurement year</p> <p>Two facets of care are measured:</p> <ol style="list-style-type: none"> <li>1. <b>Timeliness of Prenatal Care:</b> The percentage of deliveries that received a prenatal care visit in the first trimester, on or before the enrollment start date or within 42 days of enrollment with Amerigroup Washington, Inc.</li> <li>2. <b>Postpartum Care:</b> The percentage of deliveries that had a postpartum visit on or between 7 and 84 days after delivery</li> </ol>	
Documentation tips	
<b>Prenatal care visit</b>	<p>A prenatal care visit should include <b>one</b> of the following:</p> <ul style="list-style-type: none"> <li>• A visit with a diagnosis of pregnancy.</li> <li>• A basic OB exam including <b>one</b> of the following:               <ul style="list-style-type: none"> <li>○ Auscultation for fetal heart tone</li> <li>○ Pelvic exam with OB observations</li> <li>○ Measurement of fundus height</li> </ul> </li> <li>• A visit containing <b>one</b> of the following:               <ul style="list-style-type: none"> <li>○ Obstetric panel</li> <li>○ TORCH antibody panel</li> <li>○ Rubella antibody titer and (ABO/Rh) blood typing</li> <li>○ Echography (ultrasound) of the uterus</li> </ul> </li> <li>• A visit documenting date of last menstrual period, estimated due date or gestational age with <b>one</b> of the following:               <ul style="list-style-type: none"> <li>○ Prenatal risk assessment and counseling/education</li> <li>○ Complete OB history</li> </ul> </li> </ul>
<b>Postpartum care visit</b>	<p>A postpartum care visit should include <b>one</b> of the following:</p> <ul style="list-style-type: none"> <li>• Pelvic exam</li> <li>• Evaluation of weight, blood pressure, abdomen, and breasts</li> <li>• Notation of postpartum care:               <ul style="list-style-type: none"> <li>○ Postpartum care or PP care</li> <li>○ PP check or six-week check</li> <li>○ Postpartum care form</li> </ul> </li> <li>• Perineal or cesarean incision/wound check</li> <li>• Screening for the following:               <ul style="list-style-type: none"> <li>○ Depression or anxiety</li> <li>○ Tobacco use or substance use disorder</li> <li>○ Pre-existing mental health disorder</li> </ul> </li> <li>• Glucose screening for women with gestational diabetes</li> <li>• Documentation of <b>any</b> of the following:               <ul style="list-style-type: none"> <li>○ Infant care or breastfeeding</li> <li>○ Resumption of intercourse or family planning</li> <li>○ Sleep or fatigue</li> <li>○ Resumption of physical activity and return to healthy weight</li> </ul> </li> </ul>

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<p><b>Prenatal and postpartum codes</b></p>	<ul style="list-style-type: none"> <li>• Deliveries: <ul style="list-style-type: none"> <li>○ <b>CPT®:</b> 59400, 59409, 59410, 59510, 59514, 59515, 59610, 59612, 59614, 59618, 59620, 59622</li> </ul> </li> <li>• Prenatal bundled services: <ul style="list-style-type: none"> <li>○ <b>CPT:</b> 59400, 59425, 59426, 59510, 59610, 59618</li> <li>○ <b>HCPCS:</b> H1005</li> </ul> </li> <li>• Prenatal visits: <ul style="list-style-type: none"> <li>○ <b>CPT:</b> 99202-99205, 99211-99215, 99241-99245, 99483</li> <li>○ <b>HCPCS:</b> G0463, T1015</li> </ul> </li> <li>• Stand-alone prenatal visits: <ul style="list-style-type: none"> <li>○ <b>CPT:</b> 99500</li> <li>○ <b>CPT CAT II:</b> 0500F, 0501F, 0502F</li> <li>○ <b>HCPCS:</b> H1000-H1004</li> </ul> </li> <li>• Postpartum bundles services: <ul style="list-style-type: none"> <li>○ <b>CPT:</b> 59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622</li> </ul> </li> <li>• Home visit prenatal monitoring: <ul style="list-style-type: none"> <li>○ <b>CPT:</b> 99500</li> </ul> </li> <li>• Postpartum visit: <ul style="list-style-type: none"> <li>○ <b>CPT:</b> 57170, 58300, 59430, 99501</li> <li>○ <b>CPT CAT II:</b> 0503F</li> <li>○ <b>HCPCS:</b> G0101</li> </ul> </li> <li>• Online assessments: <ul style="list-style-type: none"> <li>○ <b>CPT:</b> 98970, 98971, 98972, 99421, 99422, 99423, 99457, 99458</li> <li>○ <b>HCPCS:</b> G0071, G2010, G2012, G2250, G2251, G2252</li> </ul> </li> <li>• Telephone visits: <ul style="list-style-type: none"> <li>○ <b>CPT:</b> 98966, 98967, 98968, 99441, 99442, 99443</li> </ul> </li> </ul>
<p><b>CDC race and ethnicity</b></p>	<ul style="list-style-type: none"> <li>• <b>1002-5:</b> American Indian or Alaska Native</li> <li>• <b>2028-9:</b> Asian</li> <li>• <b>2054-5:</b> Black or African American</li> <li>• <b>2076-8:</b> Native Hawaiian or Other Pacific Islander</li> <li>• <b>2106-3:</b> White</li> <li>• <b>2135-2:</b> Hispanic or Latino</li> <li>• <b>2186-5:</b> Not Hispanic or Latino</li> </ul>
<p><b>Exclusions</b></p>	<ul style="list-style-type: none"> <li>• Non live births</li> <li>• Members in hospice or using hospice services anytime during the measurement year</li> <li>• Members who died during the measurement year</li> </ul>



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**Provider update**

## Prenatal Depression Screening and Follow-Up (PND-E)

HEDIS® definition	
<p>The percentage of deliveries in which members were screened for clinical depression while pregnant and, if screened positive, received follow-up care</p> <p>Two rates are reported:</p> <ol style="list-style-type: none"> <li><b>Depression Screening:</b> The percentage of deliveries in which members were screened for clinical depression during pregnancy using a standardized instrument</li> <li><b>Follow-Up On Positive Screen:</b> The percentage of deliveries in which members received follow-up care within 30 days of a positive depression screen finding</li> </ol>	
Documentation tips	
<b>Prenatal depression screening</b>	<p>The numerator includes deliveries in which members had a documented result of a depression screening performed during pregnancy, using an age-appropriate standardized instrument:</p> <ul style="list-style-type: none"> <li>Deliveries between January 1 and December 1 of the measurement year. Screening should be performed between the pregnancy start date and the delivery date (including on the delivery date).</li> <li>Deliveries between December 2 and December 31 of the measurement year (MY). Screening should be performed between the pregnancy start date and December 1 of the measurement year.</li> </ul>
<b>Follow-up</b>	<p>Deliveries in which members received follow-up care on or up to 30 days after the date of the first positive screen (31 days total).</p> <p>Any of the following on or up to 30 days after the first positive screen:</p> <ul style="list-style-type: none"> <li>An outpatient, telephone, or e-visit or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health (BH) condition</li> <li>A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other BH condition</li> <li>A BH encounter, including assessment, therapy, collaborative care, or medication management</li> <li>A dispensed antidepressant medication</li> <li>Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up (for example, a negative screen) on the same day as a positive screen on a brief screening instrument</li> <li>Beck Depression Inventory Fast Screen [BDI-FS] (LOINC code 89208-3)</li> <li>Beck Depression Inventory II [BDI-II] (LOINC code 89209-1)</li> <li>Center for Epidemiologic Studies Depression Scale-Revised [CESD-R] (LOINC Code 89205-9)</li> <li>Clinically Useful Depression Outcome Scale [CUDOS] (LOINC code 90221-3)</li> </ul>

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	<ul style="list-style-type: none"> <li>• Edinburgh Postnatal Depression Scale [EPDS] (LOINC code 71354-5)</li> <li>• Duke Anxiety-Depression Scale [DUKE-AD] (LOINC code 90853-3)</li> <li>• My Mood Monitor [M3] (LOINC Code 71777-7)</li> <li>• Patient Health Questionnaire 2 item (PHQ-2) (LOINC code 55758-7)</li> <li>• Patient Health Questionnaire 9 item (PHQ-9) (LOINC code 44261-6)</li> <li>• Patient Health Questionnaire 9: Modified for Teens [PHQ-9M] (LOINC code 89204-2)</li> <li>• PROMIS 29 Depression score T score (LOINC code 71965-8)</li> </ul>
<p><b>Depression screen codes</b></p>	<ul style="list-style-type: none"> <li>• Beck Depression Inventory Fast Screen [BDI-FS] (LOINC code 89208-3)</li> <li>• Beck Depression Inventory II [BDI-II] (LOINC code 89209-1)</li> <li>• Center for Epidemiologic Studies Depression Scale-Revised [CESD-R] (LOINC code 89205-9)</li> <li>• Clinically Useful Depression Outcome Scale [CUDOS] (LOINC code 90221-3)</li> <li>• Edinburgh Postnatal Depression Scale [EPDS] (LOINC code 71354-5)</li> <li>• Duke Anxiety-Depression Scale [DUKE-AD] (LOINC code 90853-3)</li> <li>• My Mood Monitor [M3] (LOINC code 71777-7)</li> <li>• Patient Health Questionnaire 2 item (PHQ-2) (LOINC code 55758-7)</li> <li>• Patient Health Questionnaire 9 item (PHQ-9) (LOINC code 44261-6)</li> <li>• Patient Health Questionnaire 9: Modified for Teens [PHQ-9M] (LOINC code 89204-2)</li> <li>• ROMIS 29 Depression score T score (LOINC code 71965-8)</li> </ul>



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**Provider update**

## Postpartum Depression Screening and Follow-Up (PDS-E)

HEDIS® definition	
<p>The percentage of deliveries in which members were screened for clinical depression during the postpartum period and, if screened positive, received follow-up care</p> <p>Two rates are reported:</p> <ol style="list-style-type: none"> <li><b>Depression Screening:</b> The percentage of deliveries in which members were screened for clinical depression during the postpartum period using a standardized instrument</li> <li><b>Follow-Up On Positive Screen:</b> The percentage of deliveries in which members received follow-up care within 30 days of a positive depression screen finding</li> </ol>	
Documentation tips	
<b>Postpartum depression screening</b>	The numerator includes deliveries in which members had a documented result of a depression screening performed using an age-appropriate standardized instrument during 7 to 84 days following the date of delivery
<b>Follow-up</b>	<p>Deliveries in which members received follow-up care on or up to 30 days after the date of the first positive screen (31 days total)</p> <p>Any of the following on or up to 30 days after the first positive screen:</p> <ul style="list-style-type: none"> <li>An outpatient, telephone, or e-visit or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health (BH) condition</li> <li>A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other BH condition</li> <li>A BH encounter, including assessment, therapy, collaborative care, or medication management</li> <li>A dispensed antidepressant medication</li> <li>Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up (in other words, a negative screen) on the same day as a positive screen on a brief screening instrument</li> </ul>
<b>Depression screen codes</b>	<ul style="list-style-type: none"> <li>Beck Depression Inventory Fast Screen [BDI-FS] (LOINC Code 89208-3)</li> <li>Beck Depression Inventory II [BDI-II] (LOINC Code 89209-1)</li> <li>Center for Epidemiologic Studies Depression Scale-Revised [CESD-R] (LOINC Code 89205-9)</li> <li>Clinically Useful Depression Outcome Scale [CUDOS] (LOINC Code 90221-3)</li> <li>Edinburgh Postnatal Depression Scale [EPDS] (LOINC Code 71354-5)</li> <li>Duke Anxiety-Depression Scale [DUKE-AD] (LOINC Code 90853-3)</li> <li>My Mood Monitor [M3] (LOINC Code 71777-7)</li> <li>Patient Health Questionnaire 2 item (PHQ-2) (LOINC Code 55758-7)</li> <li>Patient Health Questionnaire 9 item (PHQ-9) (LOINC Code 44261-6)</li> <li>Patient Health Questionnaire 9: Modified for Teens [PHQ-9M] (LOINC Code 89204-2)</li> <li>PROMIS 29 Depression score T score (LOINC Code 71965-8)</li> </ul>

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**Provider update**

**Chlamydia Screen in Women (CHL)**

<b>HEDIS® definition</b>	
<p>This HEDIS measure looks at the percentage of women 16 to 24 years of age who were identified as sexually active and who had at least one test for chlamydia during the measurement year.</p> <p>Two methods are used to identify sexually active women:</p> <ul style="list-style-type: none"> <li>• Claim/encounter codes</li> <li>• Pharmacy data</li> </ul>	
<b>Documentation tips</b>	
<b>Claim/encounter codes</b>	<ul style="list-style-type: none"> <li>• <b>CPT®:</b> 87110, 87270, 87320, 87490-87492, 87810</li> <li>• <b>LOINC:</b> 14463-4, 14464-2, 14467-5, 14474-1, 14513-6, 16600-9, 21190-4, 21191-2, 21613-5, 23838-6, 31775-0, 31777-6, 36902-5, 36903-3, 42931-6, 43304-5, 43404-3, 43405-0, 43406-8, 44806-8, 44807-6, 45068-4, 45069-2, 45075-9, 45076-7, 45084-1, 45091-6, 45095-7, 45098-1, 45100-5, 47211-8, 47212-6, 49096-1, 4993-2, 50387-0, 53925-4, 53926-2, 557-9, 560-3, 6349-5, 6354-5, 6355-2, 6356-0, 6357-8, 80360-1, 80361-9, 80362-7, 91860-7</li> </ul>
<b>Pharmacy data</b>	Members who were dispensed prescription contraceptives during the measurement year
<b>Record your efforts</b>	Indicate the date the test was performed and the results
<b>Required exclusions</b>	<ul style="list-style-type: none"> <li>• Members in hospice or using hospice services any time during the measurement year</li> <li>• Members who died any time during the measurement year</li> </ul>

**Contraceptive medications**

<b>Description</b>	<b>Prescription</b>
<b>Contraceptives</b>	<ul style="list-style-type: none"> <li>• Desogestrel-ethinyl estradiol</li> <li>• Dienogest-estradiol (Multiphasic)</li> <li>• Drospirenone-ethinyl estradiol</li> <li>• Drospirenone-ethinyl estradiol-levomefolate (biphasic)</li> <li>• Ethinyl estradiol-ethynodiol</li> <li>• Ethinyl estradiol-etonogestrel</li> <li>• Ethinyl estradiol-levonorgestrel</li> <li>• Ethinyl estradiol-norelgestromin</li> <li>• Ethinyl estradiol-norethindrone</li> <li>• Ethinyl estradiol-norgestimate</li> <li>• Ethinyl estradiol-norgestrel</li> <li>• Etonogestrel</li> <li>• Levonorgestrel</li> <li>• Medroxyprogesterone</li> <li>• Mestranol-norethindrone</li> <li>• Norethindrone</li> </ul>
<b>Diaphragm</b>	Diaphragm
<b>Spermicide</b>	Nonoxynol 9

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