

### **Clinical Utilization Management Guidelines**

Attached is a list of the *Clinical UM Guidelines* the health plan has adopted.

The full list of *Medical Policies* and *Clinical Utilization Management (UM) Guidelines* are publicly available on the *Medical Policy* and *Clinical UM Guideline* subsidiary website. Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

InterQual<sup>®</sup> Criteria or MCG Care Guidelines are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

In addition, American Society of Addiction Medicine<sup>®</sup> criteria is used for substance use services according to state requirements.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG Care Guidelines and InterQual Criteria.

**Note:** We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.00004*.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

Amerigroup members in the Medicaid Rural Service Area and the STAR Kids program are served by Amerigroup Insurance Company; all other Amerigroup members in Texas are served by Amerigroup Texas, Inc.

Medicaid



#### **Provider update**

## **Clinical Utilization Management Guidelines**

The new *Clinical Utilization Management Guidelines (CUMG)* below were adopted by the medical operations committee for Amerigroup members on March 24, 2022. Note, not all of the services and codes referenced within these guidelines are reimbursed under Medicaid or CHIP. Please refer to Medicaid or CHIP guidelines for coverage and reimbursement information.

To view a guideline, visit <u>https://medpol.providers.amerigroup.com/green-</u> provider/medical-policies-and-clinical-guidelines.

CUMG number	CUMG title	New item
CG-ADMIN-01	Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists	
CG-ANC-08	Mobile Device-Based Health Management Applications	
CG-BEH-15	Activity Therapy for Autism Spectrum Disorders and Rett Syndrome	
CG-DME-05	Cervical Traction Devices for Home Use	
CG-DME-06	Compression Devices for Lymphedema	
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch Devices	
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use	
CG-DME-44	Electric Tumor Treatment Field (TTF)	
CG-DME-46	Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting	
CG-DME-48	Vacuum Assisted Wound Therapy in the Outpatient Setting	
CG-GENE-04	Molecular Marker Evaluation of Thyroid Nodules	
CG-GENE-07	BCR-ABL Mutation Analysis	
CG-GENE-10	Chromosomal Microarray Analysis (CMA) for Developmental Delay, Autism Spectrum Disorder, Intellectual Disability (Intellectual Developmental Disorder) and Congenital Anomalies	
CG-GENE-11	Genotype Testing for Individual Genetic Polymorphisms to Determine Drug-Metabolizer Status	
CG-GENE-13	Genetic Testing for Inherited Diseases	
CG-GENE-14	Gene Mutation Testing for Solid Tumor Cancer Susceptibility and Management	

#### https://provider.amerigroup.com/TX

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CG-GENE-15	Genetic Testing for Lynch Syndrome, Familial Adenomatous Polyposis (FAP), Attenuated FAP and MYH-associated Polyposis	
CG-GENE-17	RET Proto-oncogene Testing for Endocrine Gland Cancer Susceptibility	
CG-GENE-18	Genetic Testing for TP53 Mutations	
CG-GENE-19	Detection and Quantification of Tumor DNA Using Next Generation Sequencing in Lymphoid Cancers	
CG-GENE-21	Cell-Free Fetal DNA-Based Prenatal Testing	
CG-GENE-23	Genetic Testing for Heritable Cardiac Conditions	
CG-LAB-03	Tropism Testing for HIV Management	
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain	
CG-LAB-10	Zika Virus Testing	
CG-LAB-11	Screening for Vitamin D Deficiency in Average Risk Individuals	
CG-LAB-12	Testing for Oral and Esophageal Cancer	
CG-LAB-13	Skin Nerve Fiber Density Testing	
CG-LAB-14	Respiratory Viral Panel Testing in the Outpatient Setting	
CG-LAB-17	Molecular Gastrointestinal Pathogen Panel (GIPP) Testing for Infectious Diarrhea in the Outpatient Setting	
CG-LAB-19	Laboratory Evaluation of Vitamin B12	
CG-LAB-20	Thyroid Testing	New
CG-LAB-21	Serum Iron Testing	New
	Ketogenic Diet for Treatment of Intractable Seizures	
CG-MED-05	Recogenie Diet for frequinent of influences	
CG-MED-05 CG-MED-24	Electromyography and Nerve Conduction Studies	
	Electromyography and Nerve Conduction Studies Neonatal Levels of Care	
CG-MED-24	Electromyography and Nerve Conduction Studies Neonatal Levels of Care Iontophoresis	
CG-MED-24 CG-MED-26	Electromyography and Nerve Conduction Studies Neonatal Levels of Care	
CG-MED-24 CG-MED-26 CG-MED-28	Electromyography and Nerve Conduction Studies   Neonatal Levels of Care   Iontophoresis   Monitored Anesthesia Care for Gastrointestinal	
CG-MED-24 CG-MED-26 CG-MED-28 CG-MED-34	Electromyography and Nerve Conduction Studies   Neonatal Levels of Care   Iontophoresis   Monitored Anesthesia Care for Gastrointestinal   Endoscopic Procedures	
CG-MED-24 CG-MED-26 CG-MED-28 CG-MED-34 CG-MED-35	Electromyography and Nerve Conduction StudiesNeonatal Levels of CareIontophoresisMonitored Anesthesia Care for GastrointestinalEndoscopic ProceduresRetinal Telescreening Systems	
CG-MED-24 CG-MED-26 CG-MED-28 CG-MED-34 CG-MED-35 CG-MED-39	Electromyography and Nerve Conduction StudiesNeonatal Levels of CareIontophoresisMonitored Anesthesia Care for Gastrointestinal Endoscopic ProceduresRetinal Telescreening SystemsBone Mineral Density Testing MeasurementExternal Ambulatory Event Monitors to Detect Cardiac	
CG-MED-24   CG-MED-26   CG-MED-28   CG-MED-34   CG-MED-35   CG-MED-39   CG-MED-40	Electromyography and Nerve Conduction StudiesNeonatal Levels of CareIontophoresisMonitored Anesthesia Care for Gastrointestinal Endoscopic ProceduresRetinal Telescreening SystemsBone Mineral Density Testing MeasurementExternal Ambulatory Event Monitors to Detect Cardiac ArrhythmiasModerate to Deep Anesthesia Services for Dental	
CG-MED-24   CG-MED-26   CG-MED-28   CG-MED-34   CG-MED-35   CG-MED-39   CG-MED-40   CG-MED-41	Electromyography and Nerve Conduction StudiesNeonatal Levels of CareIontophoresisMonitored Anesthesia Care for Gastrointestinal Endoscopic ProceduresRetinal Telescreening SystemsBone Mineral Density Testing MeasurementExternal Ambulatory Event Monitors to Detect Cardiac ArrhythmiasModerate to Deep Anesthesia Services for Dental Surgery in the Facility Setting	
CG-MED-24   CG-MED-26   CG-MED-28   CG-MED-34   CG-MED-35   CG-MED-39   CG-MED-40   CG-MED-41   CG-MED-45	Electromyography and Nerve Conduction StudiesNeonatal Levels of CareIontophoresisMonitored Anesthesia Care for GastrointestinalEndoscopic ProceduresRetinal Telescreening SystemsBone Mineral Density Testing MeasurementExternal Ambulatory Event Monitors to Detect CardiacArrhythmiasModerate to Deep Anesthesia Services for DentalSurgery in the Facility SettingTransrectal UltrasonographyElectroencephalography and Video	
CG-MED-24   CG-MED-26   CG-MED-28   CG-MED-34   CG-MED-35   CG-MED-39   CG-MED-40   CG-MED-41   CG-MED-45   CG-MED-46	Electromyography and Nerve Conduction StudiesNeonatal Levels of CareIontophoresisMonitored Anesthesia Care for GastrointestinalEndoscopic ProceduresRetinal Telescreening SystemsBone Mineral Density Testing MeasurementExternal Ambulatory Event Monitors to Detect CardiacArrhythmiasModerate to Deep Anesthesia Services for DentalSurgery in the Facility SettingTransrectal UltrasonographyElectroencephalography and VideoElectroencephalographic Monitoring	

CG-MED-55	Site of Care: Advanced Radiologic Imaging	
CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography	
CG-MED-57	Cardiac Stress Testing with Electrocardiogram	
CG-MED-59	Upper Gastrointestinal Endoscopy in Adults	
	Preoperative Testing for Low Risk Invasive Procedures	
CG-MED-61	and Surgeries	
CG-MED-62	Resting Electrocardiogram Screening in Adults	
CG-MED-63	Treatment of Hyperhidrosis	
CG-MED-64	Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins	
CG-MED-65	Manipulation Under Anesthesia	
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue	
CG-MED-69	Inhaled Nitric Oxide	
CG-MED-70	Wireless Capsule Endoscopy for Gastrointestinal Imagine and the Patency Capsule	
CG-MED-72	Hyperthermia for Cancer Therapy	
CG-MED-74	Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry	
CG-MED-76	Magnetic Source Imaging and Magnetoencephalography	
CG-MED-78	Anesthesia Services for Interventional Pain Management Procedures	
CG-MED-81	Ultrasound Ablation for Oncologic Indications	
CG-MED-83	Site of Care: Specialty Pharmaceuticals	
CG-MED-85	Posterior Segment Optical Coherence Tomography	
CG-MED-86	Enhanced External Counterpulsation in the Outpatient Setting	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-REHAB-10	Level of Care: Outpatient Physical Therapy, Occupational Therapy and Speech-Language Pathology Services	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift	
CG-SURG-05	Maze Procedure	
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib	
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury	
CG-SURG-09	Temporomandibular Disorders	
CG-SURG-11	Surgical Treatment for Dupuytren's Contracture	
CG-SURG-15	Endometrial Ablation	
CG-SURG-18	Septoplasty	
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)	
CG-SURG-25	Injection Treatment for Morton's Neuroma	
CG-SURG-28	Transcatheter Uterine Artery Embolization	
CG-SURG-29	Lumbar Discography	

	Tonsillectomy for Children with or without	
CG-SURG-30	Adenoidectomy	
CG-SURG-31	Treatment of Keloids and Scar Revision	
CG-SURG-36	Adenoidectomy	
CG-SURG-41	Surgical Strabismus Correction	
CG-SURG-46	Myringotomy and Tympanostomy Tube Insertion	
	Endovascular Techniques (Percutaneous or Open	
CG-SURG-49	Exposure) for Arterial Revascularization of the Lower	
	Extremities	
CG-SURG-50	Assistant Surgeons	
CG-SURG-51	Outpatient Cystourethroscopy	
	Site of Care: Hospital-Based Ambulatory Surgical	
CG-SURG-52	Procedures and Endoscopic Services	
	Cardiac Electrophysiological Studies (EPS) and	
CG-SURG-55	Catheter Ablation	
CG-SURG-56	Diagnostic Fiberoptic Flexible Laryngoscopy	
CG-SURG-57	Diagnostic Nasal Endoscopy	
CG-SURG-58	Radioactive Seed Localization of Nonpalpable Breast	
CO-SUKO-30	Lesions	
CG-SURG-59	Vena Cava Filters	
CG-SURG-61	Cryosurgical or Radiofrequency Ablation to Treat Solid	
CO-SORO-01	Tumors Outside the Liver	
	Cardiac Resynchronization Therapy with or without an	
CG-SURG-63	Implantable Cardioverter Defibrillator for the Treatment	
	of Heart Failure	
CG-SURG-72	Endothelial Keratoplasty	
CG-SURG-73	Balloon Sinus Ostial Dilation	
CG SUPG 75	Transanal Endoscopic Microsurgical (TEM) Excision of	
CG-SURG-75	Rectal Lesions	
CG-SURG-76	Carotid, Vertebral and Intracranial Artery Stent	
	Placement with or without Angioplasty	
CG-SURG-77	Refractive Surgery	
CG SUPG 78	Locoregional and Surgical Techniques for Treating	
CG-SURG-78	Primary and Metastatic Liver Malignancies	
CG-SURG-81	Cochlear Implants and Auditory Brainstem Implants	
CG-SURG-85	Hip Resurfacing	
	Endovascular/Endoluminal Repair of Aortic	
CG-SURG-86	Aneurysms, Aortoiliac Disease, Aortic Dissection and	
	Aortic Transection	
CG-SURG-87	Nasal Surgery for the Treatment of Obstructive Sleep	
	Apnea and Snoring	
CG-SURG-89	Radiofrequency Neurolysis and Pulsed Radiofrequency	
	Therapy for Trigeminal Neuralgia	
CG-SURG-90	Mohs Micrographic Surgery	
CG-SURG-91	Minimally Invasive Ablative Procedures for Epilepsy	

CG-SURG-92	Paraesophageal Hernia Repair
CG-SURG-93	Angiographic Evaluation and Endovascular Intervention
	for Dialysis Access Circuit Dysfunction
CG-SURG-94	Keratoprosthesis
CG-SURG-96	Intraocular Telescope
CG-SURG-98	Prostate Biopsy using MRI Fusion Techniques
CG-SURG-101	Ablative Techniques as a Treatment for Barrett's
CO-50KO-101	Esophagus
CG-SURG-102	Alcohol Septal Ablation for Treatment of Hypertrophic
CG-SUKG-102	Cardiomyopathy
CG-SURG-103	Penile Circumcision
CG-SURG-104	Intraoperative Neurophysiological Monitoring
CG-SURG-105	Corneal Collagen Cross-Linking
CG-SURG-106	Venous Angioplasty with or without Stent Placement or
CO-SUKO-100	Venous Stenting Alone
CG-SURG-107	Surgical and Minimally Invasive Treatments for Benign
CO-SUKO-107	Prostatic Hyperplasia (BPH)
CG-SURG-108	Stereotactic Radiofrequency Pallidotomy
CG-SURG-111	Open Sacroiliac Joint Fusion
CG-SURG-112	Carpal Tunnel Decompression Surgery
CG-SURG-113	Tonsillectomy with or without Adenoidectomy for
	Adults
CG-THER-RAD-07	Intravascular Brachytherapy (Coronary and Non-
CO-IIIDK-KAD-07	Coronary)



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