

# Medicaid Applied Behavior Analysis (ABA) Services for Children and Youth With Autism



To find an LBA, you can use TMHP's Online Provider Look-up tool at [opl.tmhp.com](http://opl.tmhp.com).

This guide can help you use the Online Provider Look-up tool, and it includes your health plan's directory:

Medicaid LBA\_OPL\_MCO directories

## Other Medicaid Autism Services

Medicaid covers many services for children with autism, including:

- Case management/care coordination (with parent permission).
- Early Childhood Intervention.
- Medical nutrition counseling provided by a licensed dietitian.
- Occupational, physical and speech therapy.
- Outpatient behavioral health services.
- Physician services, including medication management.

## What is ABA?

ABA is one of many services available for Medicaid members, age 20 or younger, who have a diagnosis of autism spectrum disorder (ASD).

ABA is a treatment approach provided by specialists called licensed behavior analysts (LBAs).

If your child is eligible, ABA can help:

- Encourage positive and adaptive behaviors.
- Apply skills across everyday settings so they can improve their health, safety or independence.

## How can you get ABA services for your child?

Your child will need an evaluation to determine if they qualify for Medicaid ABA services. To learn more, call:

- Your child's primary care provider. (They will have to check the criteria needed for the diagnosis of ASD in Texas Medicaid.)
- Your health plan using the phone number on the back of your health plan ID card.
- The Texas Medicaid & Healthcare Partnership (TMHP) Contact Center at 800-925-9126.

## How ABA Services Work

ABA services can be delivered in the home, community or in a clinic by an LBA.

### When you meet with an LBA:

- They'll work with your child and your family to create a treatment plan. Your child and family will learn strategies to use at home and in the community — wherever your family goes.
- They can coordinate with your child's therapists and other providers up to twice a year to ensure a team approach to your child's treatment.

**Your involvement is needed. ABA works best when parents and caregivers use the training and strategies in their daily lives.**



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