Larry Hogan, Governor · Boyd K. Rutherford, Lt. Governor · Robert R. Neall, Secretary

To: All Medicaid Provider Types, Medicaid Managed Care Organizations, Optum

**Behavioral Health ASO** 

From: Robert R. Neall, Secretary

Maryland Department of Health

Re: COVID-19 #4a: Temporary Authorization of Audio-Only Health Care Services to

Mitigate Possible Spread of Novel Coronavirus ("COVID-19") Executive Order No.

20-03-20-01

Effective: March 21, 2020

NOTE: Please ensure appropriate staff members in your organization are informed of the contents of this memorandum

## Background

On March 5, 2020, Governor Lawrence J. Hogan, Jr., declared a state of emergency due to disease ("COVID-19") caused by the novel coronavirus. An outbreak of disease due to COVID-19 first occurred in the Hubei Province, China, in late 2019, and has currently been detected in more than 109 countries, including the United States. COVID-19 is a severe respiratory disease, resulting in illness or death, caused by person-to-person spread of the novel coronavirus.

On March 20, 2020, Governor Hogan issued an Executive Order No. 20-03-20-01 to authorize the reimbursement of audio-only health care services and to grant further flexibility regarding the use of HIPAA-compliant telehealth technology during the state of emergency.

### **Telephone Services Authorized During State of Emergency**

On March 12, 2020, the Department issued guidance to temporarily expand Medicaid telehealth regulations to permit the home as an originating site. Pursuant to the Governor's Executive Order and in recognition of the fact that certain Medicaid participants' are still unable to access needed services, the Medicaid Program is relaxing certain requirements around the use of telephones to provide clinical services.

Providers who are not able to meet in-person with a participant should make every effort to use the following technology, in order of priority:

https://phpa.health.maryland.gov/Documents/COVID-19.1 Telehealth%20Guidance Neall.pdf.

 $<sup>^1</sup>$  COVID-19 #1: Temporary Expansion of Medicaid Regulations to Permit Delivery of Telehealth Services to the Home to Mitigate Possible Spread of Novel Coronavirus ("COVID-19"),

- 1. Traditional telehealth technology which meets all formal requirements is strongly preferred. (These services remain unaffected by the measures in this guidance).
- 2. If Medicaid participants are unable to access originating sites possessing fully qualified technology (ability to pan/focus camera, multiple views, etc.) this emergency policy will permit the use of notebook computers, smartphones, or audio-only phones.
- 3. If Medicaid participants cannot access cell-phone based video technology, audioonly telephone calls will be permitted.

This document further outlines the services and providers that will be eligible for use with audioonly telephones.

### **General Conditions**

- The measures outlined in this document are restricted to use during the emergency declared by Governor Hogan to deal with the threat of COVID-19 and will expire immediately at the end of the declared emergency, unless Executive Order No. 20-03-20-01 is rescinded or superseded, amended, or revised by additional orders such that the Secretary's authority to issue this guidance no longer exists.
- 2. The measures address only those services delivered through Medical Assistance (HealthChoice and Fee-for-Service) and the Public Behavioral Health System. This document does not address the eligibility of Medicare-funded or commercial services; clarification on whether or not these payers will allow for audio-only telephone services should be obtained directly from the payers in question.
  - The remainder of this guidance addresses delivery of somatic services only. Behavioral Health Providers should refer to guidance issued by the behavioral health administrative services organization (ASO), COVID-19 #4b and #4c.
- 3. Audio-only telephone services, or services using video applications that do not meet State regulations, may only be delivered with the explicit consent of the participant. Participants must be provided with a clear explanation of the telehealth or voice service and its confidentiality limitations, including the use of non-HIPAA compliant technology. Providers must ensure that this is documented in the Medicaid participant's medical record. Attention to ensuring that participants' confidentiality is protected in terms of private space, etc., must be a priority.
- 4. Providers may only deliver services that fall within their normal scope of practice as authorized by the relevant professional board. Services provided telephonically are subject to the same program restrictions, preauthorizations, limitations and coverage that exist for the service when provided in-person.
  - Somatic services: Providers must contact the participant's HealthChoice managed care organization with questions regarding prior authorization requirements for services rendered via telehealth or audio-only telephone. The HealthChoice MCOs

- are responsible for caring for their participants. The MCOs have the flexibility to cover additional audio-only telephonic or telehealth services beyond those described below; however, the services delivered via audio-only telephonic or telehealth must be covered by Medicaid.
- Behavioral health services: Providers must contact the behavioral health ASO with questions regarding prior authorization requirements for services rendered via audio-only telephonic or telehealth.

No special authorization will be needed for providing services by audio-only telephone.

#### **Covered Services**

Somatic services which may be delivered using the audio-only telephone are restricted to the following:

- CPT code 99211--Office or other outpatient visit for evaluation and management of an established patient that may not require the presence of a physician or other qualified healthcare professional.
- CPT code 99212--Office or other outpatient visit for evaluation and management of an established patient, which requires at least two of the following three key components: A problem-focused history; a problem-focused examination; straightforward medical decision making.
- CPT code 99213--Office or other outpatient visit for the evaluation and management of an established patient, which requires at least two of the following three components: An expanded problem focused history; an expanded problem focused examination; medical decision making of low complexity.

The HealthChoice MCOs are responsible for caring for their participants. The MCOs have the flexibility to cover additional audio-only telephonic services beyond CPT codes 99211, 99212, and 99213; however, the services delivered via telehealth or telephone must be covered by Medicaid.

# Billing

To bill for audio-only telephonic services, providers must bill for the appropriate service code and use the "-UB" modifier to identify the claim as a telephonically delivered service. Services delivered via telehealth using two-way audio-visual technology assisted communication should be billed using the "-GT" modifier.

Providers can bill for audio-only telephonic services that were initiated by the participant.

Providers should bill using the same place of service code that would be appropriate for a non-telehealth claim. The distant site should bill using the location of the doctor. If a distant site provider is rendering services at an off-site office, the provider should bill using the Place of Service Code 11 for "Office." Place of Service Code 02 (Telehealth) is not recognized for Maryland Medicaid participants except for use on Medicare crossover claims to specify services rendered through a telecommunication system for dual eligible participants.

Providers must maintain documentation in the same manner as for an in-person visit or consultation, using either electronic or paper medical records, per the Health-General Article, §4-403, Annotated Code of Maryland. The provider should document the participant's consent to receive telehealth services in their medical record. Consent may be given verbally by the participant.

# **Service Volume Monitoring**

Providers may not use the audio-only telephone service option to expand services. Service volumes will be monitored, and outliers will be audited.

The Department shall, upon determining that there is a substantial likelihood that a healthcare provider has failed to comply with this guidance or the terms of Executive Order No. 20-03-20-01, prohibit the healthcare provider from being reimbursed by the State for audio-only telephonic services.