

Early and Periodic Screening, Diagnosis, and Treatment provider toolkit

What is Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)?

The EPSDT program is Medicaid's federally mandated comprehensive and preventive health program for individuals under the age of 21. EPSDT was defined by law as part of the *Omnibus Budget Reconciliation Act of 1989* and requires states to cover all services within the scope of the federal Medicaid program. The intent of the EPSDT program is to focus on early prevention and treatment. Requirements include periodic screening, vision, dental, and hearing services.

Services include:

- Screening.
- Diagnosis and treatment.
- Transportation and scheduling assistance.

Screening must include:

- Comprehensive health and developmental history (inclusive of both physical and mental health).
- Comprehensive unclothed physical exam.
- Appropriate immunizations.
- Laboratory tests.
- Lead toxicity screening.
- Health education, including anticipatory guidance.
- Vision services.
- Dental services.
- Hearing services.
- Other necessary healthcare — diagnostic services and treatment to correct or ameliorate defects, physical and mental illnesses, and conditions discovered by the screening services.

Schedules used to determine when services are due:

- *Maryland Healthy Kids Preventive Health Schedule*
- *The American Academy of Pediatrics Periodicity Schedule*
- The Centers for Disease Control and Prevention Advisory Committee on Immunization Practices *Immunization Recommendations Schedule*

The Wellpoint EPSDT program supports the individual state plans by:

- Providing a repository to house EPSDT data.
- Mailing annual preventive care recommendations to members.
- Mailing reminders to members to schedule appointments.
- Mailing letters to providers with a listing of members who may have missed services.

The Wellpoint EPSDT program includes additional member outreach activities and case management, as well as a provider pre-service report.

Preventive care resources

Maryland Department of Health
<https://mmcp.health.maryland.gov>

Prevention

U.S. Department of Health and Human Services
<https://healthfinder.gov/healthtopics>

Adolescent development
<https://medlineplus.gov/ency/article/002003.htm>

Modified Checklist for Autism in Toddlers autism screening tool
www.firstsigns.org

Ages and Stages Questionnaires (a fee may be associated)
<https://www.healthychildren.org>

American Academy of Pediatrics — assessments, patient education, forms, and other information
<https://www.brightfutures.org>

Centers for Disease Control and Prevention (CDC) growth and BMI charts
https://www.cdc.gov/growthcharts/clinical_charts.htm

National Domestic Violence Hotline
www.ndvh.org
800-799-SAFE (7233)

Medicaid Early and Periodic Screening, Diagnosis, and Treatment program
<https://www.medicaid.gov/medicaid/benefits/epsdt/index.html>

Health Resources and Service Administration — maternal and child health
<https://www.mchb.hrsa.gov/epsdt>

March of Dimes
<https://www.marchofdimes.org>

American Academy of Family Physicians
<https://www.aafp.org>

<https://provider.wellpoint.com/md/>

Services provided by Wellpoint Maryland, Inc.

Immunizations

CDC — immunization schedules
<https://www.cdc.gov/vaccines/recs/schedules/default.htm>

CDC — National Immunization Program
<https://www.cdc.gov/vaccines>

Vaccines for Children Program
<https://phpa.health.maryland.gov>
MDH.IZInfo@maryland.gov

Immunization Action Coalition
www.immunize.org

Institute for Vaccine Safety
www.vaccinesafety.edu

