

## Hot Tip: Allergies

Your Wellpoint patients may experience a pharmacy claim rejection when prescribed nonpreferred products. To avoid additional steps or delays at the pharmacy, consider prescribing preferred products whenever possible. Utilization Management edits may apply to select preferred products. Coverage should be verified by reviewing the *Preferred Drug List (PDL)* on the Wellpoint provider website. The *PDL* is subject to change quarterly.

Therapeutic class	Preferred products	Nonpreferred products
Oral antihistamines <sup>1</sup>	<ul style="list-style-type: none"> <li>Fexofenadine (generic Allegra)</li> <li>Fexofenadine/pseudoephedrine (generic Allegra-D)</li> <li>Loratadine (generic Claritin)</li> <li>Loratadine/pseudoephedrine (generic Claritin D)</li> </ul>	<ul style="list-style-type: none"> <li>Cetirizine (generic Zyrtec)</li> <li>Cetirizine/pseudoephedrine (generic Zyrtec D)</li> <li>Zyrtec (cetirizine)</li> <li>Zyrtec D (cetirizine/pseudoephedrine)</li> <li>Clarinex (desloratadine)</li> <li>Desloratadine (generic Clarinex)</li> <li>Alegra (fexofenadine)</li> <li>Allegra D (fexofenadine/pseudoephedrine)</li> <li>Levocetirizine (generic Xyzal)</li> <li>Xyzal (levocetirizine)</li> <li>Claritin (loratadine)</li> <li>Claritin D (loratadine/pseudoephedrine)</li> </ul>
Nasal steroids <sup>2</sup>	<ul style="list-style-type: none"> <li>OTC budesonide nasal spray (generic Rhinocort)</li> <li>OTC Rhinocort Allergy (budesonide)</li> <li>OTC fluticasone propionate (generic Flonase)</li> <li>OTC triamcinolone acetonide (generic Nasacort)</li> </ul>	<ul style="list-style-type: none"> <li>Flonase Sensimist (fluticasone furoate)</li> <li>Flonase (fluticasone propionate)</li> <li>Rx fluticasone propionate (generic Rx Flonase)</li> <li>Mometasone furoate (generic Nasonex)</li> <li>Nasacort (triamcinolone acetonide)</li> <li>Nasonex (mometasone furoate)</li> <li>Omnaris nasal spray (ciclesonide)</li> <li>Qnasl (beclomethasone dipropionate)</li> </ul>

Therapeutic class	Preferred products	Nonpreferred products
		<ul style="list-style-type: none"> <li>• Rx triamcinolone acetonide (generic Rx Nasacort)</li> <li>• Xhance (fluticasone propionate)</li> <li>• Zetonna (ciclesonide)</li> </ul>
Ophthalmic anti-allergy <sup>3</sup>	<ul style="list-style-type: none"> <li>• Azelastine 0.05%</li> <li>• Cromolyn 4%</li> <li>• Epinastine 0.05% (generic Elestat)</li> <li>• OTC Ketotifen 0.025%<sup>4</sup> (generic Zaditor)</li> </ul>	<ul style="list-style-type: none"> <li>• Alocril 2% (nedocromil sodium)</li> <li>• Alomide 0.1% (lodoxamide tromethamine)</li> <li>• Bepreve 1.5% (bepotastine besilate)</li> <li>• Elestat 0.05% (epinastine)</li> <li>• Emadine 0.05% (emadastine difumarate)</li> <li>• Lastacaft (alcaftadine)</li> <li>• Olopatadine eye drops (generic Patanol &amp; Pataday)</li> <li>• Pataday 0.2% (olopatadine)</li> <li>• Patanol 0.1% (olopatadine)</li> <li>• Pazeo 0.7% (olopatadine)</li> <li>• Zaditor 0.025% (ketotifen)</li> </ul>
<p><sup>1</sup> Approval of a nonpreferred non-sedating antihistamine requires trial and failure of both a fexofenadine and loratadine-containing product.</p> <p><sup>2</sup> Approval of a nonpreferred nasal corticosteroid requires trial and failure of two preferred agents. Some exceptions apply. Please reference the online searchable formulary for full policy details.</p> <p><sup>3</sup> Approval of a nonpreferred agent requires trial and failure of all preferred ophthalmic anti-allergy agents. Some exceptions apply. Please reference the online searchable formulary for full policy details.</p> <p><sup>4</sup> Ketotifen is only available as an OTC agent. Examples of product names include Alaway, Allergy Eye, Eye Itch Relief, Itchy Eye.</p>		

If you have questions regarding this *Hot Tip*, please call Provider Services at **833-707-0868**, Monday through Friday, 8 a.m. to 6 p.m. ET.

PDL: <https://providers.wellpoint.com/MD>