



Integrated Health Home (IHH) contact information						
Health Home	Contact person	Phone number	Email	City	Counties served	Adult/child population
Abbe Center for Community Mental Health	Director: Brooke Johnson Assistant Director: Peter Herber	Main: 319-261-0576	brooke.johnson5@unitypoint.org peter.herber@unitypoint.org	Cedar Rapids	Benton, Buchanan, Cedar, Delaware, Fayette, Iowa, Johnson, Jones, Linn	Adult
Berryhill Center - North Central IA Mental Health Center	Supervisor: Brienne Lundberg Team Lead: Jodena Harris	Main: 800-482-3805	brienne.lundberg@unitypoint.org jody.harris@unitypoint.org	Fort Dodge	Buena Vista, Calhoun, Franklin, Hamilton, Humboldt, Kossuth, Pocahontas, Sac, Webster, Wright	Both
Black Hawk-Grundy Mental Health Center	Director: Allison Cutsforth	Main: 319-234-2893	allison.cutsforth@unitypoint.org	Waterloo	Black Hawk, Grundy	Both
Bridgeview Community Mental Health Center	Director: Jennifer Feller	Main: 563-243-5633	jennifer.feller@bvcmh.org	Clinton	Clinton	Adult
Broadlawns Medical Center	Director: Shannon Huebner	Shannon: 515-282-6723	shuebner@broadlawns.org	Des Moines	Polk	Adult
	Team Lead: Katie Bowman	Katie: 515-282-6738	kbowman@broadlawns.org			
	Referrals: Morgan Petersen	Morgan: 515-282-6451	mpetersen@broadlawns.org			
			General email: ihh@broadlawns.org			

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Capstone Behavioral Health	Director: Sarah Urias Team Lead: Kadi DeGeest	Main: 641-275-3481 Sarah: 641-521-0921	sarahu@capstonebh.com kadid@capstonebh.com	Newton	Jasper, Marion, Poweshiek	Adult
Center Associates	Director: Jim Coppoc	Main: 641-752-1585	jcoppoc @centerassoc.com	Marshalltown	Hardin, Marshall, Tama	Both
Children's Square USA	Director: Jennifer McInroy	Main: 712-256-8888	jmcinroy @childrensquare.org	Council Bluffs	Harrison, Mills, Pottawattamie	Child
Community Support Advocates	Director: Melissa Ahrens Team Lead(s): Sara Richardson, Jenn Tielbur	Main: 515-883-1776 Melissa: 515-883-1776, ext. 246	melissaa@teamcsa.org sarar@teamcsa.org jennt@teamcsa.org	Des Moines	Boone, Dallas, Jasper, Madison, Marion, Marshall, Polk, Story, Warren	Both
Counseling Associates	Director: Kaitlin Krueger	Main: 319-372-8045	kkrueger @counselingassociates inc.com	Fort Madison	Des Moines, Lee	Adult
Crossroads Behavioral Health	Director: Ashley Armstrong	Main: 641-782-8457	aarmstrong @crossroadsbhs.org	Creston	Adair, Adams, Clark, Decatur, Madison, Ringgold, Taylor, Union	Both
Elevate	Director: Nicole Russell	Main: 833-370-0719	nrussell@elevateccbhc.org	Waterloo	Allamakee, Black Hawk, Bulter, Chickasaw, Clayton, Fayette, Floyd, Grundy, Howard, Mitchell, Tama, Winneschiek	Both
Ellipsis	Director: Ashley Stotz	Main: 515-393-9677	ashley.stotz @ellipsisiowa.org	Des Moines	Dallas, Jasper, Madison, Mahaska, Marion, Polk, Poweshiek, Warren	Child

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Eyerly Ball	Director: Becky Halupnick	Main: 515-241-0982	becky.halupnick @Unitypoint.org	Des Moines	Boone, Dallas, Greene, Hardin, Madison, Marshall, Polk, Story, Warren	Adult
	Team Lead(s): Dale Morlan		dale.morlan @unitypoint.org			
	Genna Kern-West		genna.kern-west @unitypoint.org			
	James Ramirez		james.ramirez @unitypoint.org			
	Tori Ahrens		tori.ahrens @unitypoint.org			
Family Access Center *Program ended 2/1/2024*	Director: Sierra Marshall*	712-255-0204*	sierra.marshall @familyaccesscenter.org	Spencer*	Manona, Plymouth, Woodbury*	Adult*
Families First Counseling	Director: Valerie Smith	Main: 319-505-3812 24/7 Contact: 844-225-7444	vsmith@families-first.net	Decorah	Allamakee, Buchanan, Clayton, Delaware, Fayette, Howard, Winnebago	Child
Family Resources	Supervisor: Allison Mason	Main (on call): 855-277-0430	allisonm@famres.org	Davenport	Muscatine, Scott	Both
First Resources	Director: Stephanie Millard	Stephanie: 641-682-8114 Office: 641-954-7244	Smill@FirstResources.us	Fairfield	Des Moines, Henry, Jefferson, Lee, Van Buren, Wapello	Adult

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Four Oaks Family & Children Services	Director: Susan Brooks	Main: 319-364-0259 Susan: 319-784-2274	sbrooks@fouroaks.org	Cedar Rapids	Benton, Blackhawk, Buchanan, Cedar, Cerro Gordo, Clinton, Dubuque, Eastern Tama, Fayette, Floyd, Franklin, Hancock, Iowa, Jackson, Jasper, Johnson, Jones, Kossuth, Linn, Mitchell, Polk, Poweshiek, Story,	Both
	Team Lead(s): Mia Masteller	Mia: 641-423-3222, ext. 4910	mmasteller@fouroaks.org			
	Jenna Murphy	Jenna: 319-784-2347	jmurphy@fouroaks.org			
	Katie Fuller	Katie: 319-784-2285	kfuller@fouroaks.org			
Heartland Family Services	Director: Stephen Sorsby	Main: 712-256-4556 Stephen: 712-435-5632	ssorsby@heartlandfamily service.org	Council Bluffs	Harrison, Mills, Pottawattamie	Adult
Hillcrest Family Services	Director: Faith Housman	Faith: 319-527-4455, ext. 1704	faith.housman@hillcrest-fs.org	Dubuque	Clinton, Des Moines, Dubuque, Henry, Jackson, Jefferson, Johnson, Jones, Keokuk, Louisa, Scott, Van Buren, Washington	Both
	Supervisor (Dubuque): Jackie Ballina	Main (Dubuque Co.): 563-557-4422	jaclyn.ballina@hillcrest-fs.org			
	Supervisor (Jackson): Alayna Soto	Main (Jackson Co.): 563-652-4958	alayna.soto@hillcrest-fs.org			
	Supervisor (Southeast): David Crawford	Main (SE Region): 319-931-2362	david.crawford@hillcrest-fs.org			
			General email: ihh@hillcrest-fs.org			
Northeast Iowa Mental Health Center	Director: Kate Forman Supervisor: Sheila Corcoran	Main: 563-382-3649	cforman@neimhc.org scorcoran@neimhc.org	Decorah	Allamakee, Clayton, Fayette, Howard, Winneshiek	Adult

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Orchard Place	Director: Kendra Hunt	Main: 515-256-3450 Kendra: 515-697-5736	khunt@orchardplace.org	Des Moines	Polk, Warren	Child
Pathways Behavioral Health Services	Director: Stevan Kingery	Main: 319-352-2064	stevan.kingery@pathwaysb.org	Waterloo	Black Hawk, Bremer, Butler, Chickasaw, Grundy	Both
Plains Area Mental Health	Director: Shawna Kalous	Main: 800-325-1192 Shawna: 712-792-2991, ext. 243	skalous@pamhc.org	Cherokee	Audubon, Buena Vista, Calhoun, Carroll, Cherokee, Clay, Crawford, Dickinson, Emmet, Greene, Guthrie, Harrison, Humboldt, Ida, Kossuth, Lyon, Monona, O'Brien, Osceola, Palo Alto, Plymouth, Pocahontas, Sac, Shelby, Sioux, Webster, Woodbury	Both
			General email: IHS@pamhc.org			
	Team Lead(s): Cassidy Market					
	Erin Eldredge		cmarkert@pamhc.org			
	Ethan Price		eeldredge@pamhc.org			
	Amber Hallengren		eprice@pamhc.org			
	Theresa Berg		ahallengren@pamhc.org			
	tberg@pamhc.org					
Prairie Ridge	Director: Cassandra Galsim Team Lead: Michelle Pralle	Main: 641-424-2391	cgalsim@prairieridge.net mpralle@prairieridge.net	Mason City	Cerro Gordo, Franklin, Floyd, Hancock, Kossuth, Mitchell, Winnebago, Worth	Adult
Robert Young Center	Director: Terry Stambaugh	Main: 309-779-2100	terry.stambaugh@unitypoint.org	Moline	Cedar, Clinton, Jackson, Muscatine, Scott	Both

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Siouxland Mental Health Center	Director: Audrey Larson Associate Director: Jessica Maxwell	Main: 712-202-0173	alarson@siouxlandmentalhealth.com jmaxwell@siouxlandmentalhealth.com	Sioux City	Woodbury, open to surrounding counties	Both
Southern Iowa Mental Health Center	Director: Melia Mura	Main: 641-682-8772	mmura@simhcottumwa.org	Ottumwa	Appanoose, Davis, Decatur, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Wayne	Both
Stepping Stone Family Services	IHH Executive Director: Selma Brkic IHH Program Manager: Becca Bolton	Main: 515-276-6338	Becca@steppingstoneia.com Selma@steppingstoneia.com General email: info@steppinastoneia.com	West Des Moines	Polk, Story	Both
Tanager Place	Director: Tresa Stearns	Main: 319-286-4531	tstearns@tanagerplace.org	Cedar Rapids	Benton, Cedar, Delaware, Iowa, Johnson, Jones, Linn, Tama	Child
The Arc of East Central Iowa	Director: Whitney Alber	Main: 319-365-0487	walber@arceci.org	Cedar Rapids	Benton, Cedar, Iowa, Johnson, Jones, Linn	Both
Vera French Community Mental Health Center	Director: Jamie Nowlin	Main: 563-888-6229	nowlinj@verafrenchmhc.org	Davenport	Cedar, Clinton, Muscatine, Scott	Both
Waubonsie Mental Health Center	Director: Stacy Nelson	Main: 712-542-2388	stacyn@waubonsiemhc.com	Clarinda	Fremont, Montgomery, Page, Taylor	Both
Young House Family Services	Director: Charish Duttweiler	Main: 319-752-4000	cduttweiler@younghouse.org	Burlington	Des Moines, Lee, Louisa, Henry	Child

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YSS	Director: Marissa Spoo	Main: 515-233-2250	mspoo@yss.org	Ames	Boone, Greene, Hardin, Marshall, Story, Tama	Child
Zion Integrated Behavioral Health Services (Formally Southwest Iowa Mental Health Center)	Director: Billie Butler	Main: 712-243-5091	bbutler@zioniowa.org	Atlantic	Audubon, Cass, Guthrie, Shelby	Both

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