





Behavioral Health Concurrent Review Form for Inpatient, RTC, PHP and IOP

Please submit via the provider website at https://www.availity.com/. If you choose to fax this form instead, you may send it to 844-442-8016.

Today's date:				
Contact information				
Level of care:				
□ Inpatient psychiatric	🗆 PHP mental he	ealth		ubstance use RTC (ASAM evel, if appropriate):
Psychiatric RTC	□ PHP substance use			
🗆 IOP mental health	□ Inpatient subs	tance use rehab		
□ Inpatient detox	□ IOP substance	abuse		
Member name:				
Member ID/reference number #:		Member DOB:		
Member address:				
Member phone:				
Facility account #:				
For child/adolescent, name of parent/guardian:				
Discharge phone number:				
Primary spoken language:				
Name of utilization review (UR) contact:				
Admit date:			Volunto	ary 🗆 Involuntary
(If involuntary, date of commitr	-			
Admitting facility name:				
Facility provider # or NPI:				

Services provided by Wellpoint Iowa, Inc.

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Attending physician (first and la	ast name):			
Attending physician phone:		Provider # or NPI:		
Facility unit:		Facility phone:		
Discharge planner name:				
Discharge planner phone:				
Diagnosis (psychiatric, chemica	l dependency an	d medical)		
Risk of harm to self (within the l	ast 24 to 48 hour	s)		
If present, describe:				
If prior attempt, date and descr	iption:			
Risk rating (Select all that apply	<i>(</i> .)			
□ Not present □ Ideation	🗆 Plan	🗆 Means	🗆 Prior attempt	
Risk of harm to self (within the last 24 to 48 hours)				
If present, describe:				
If prior attempt, date and description:				
Risk rating (Select all that apply	/.)			
□ Not present □ Ideation	🗆 Plan	🗆 Means	Prior attempt	
Psychosis (within the last 24 to 48 hours)				
Risk rating (0 = None, 1 = Mild or mildly incapacitating, 2 = Moderate or moderately incapacitating, 3 = Severe or severely incapacitating, N/A = Not assessed):				
□ 1 □ 2	□ 3	4	□ N/A	

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If present, describe:						
Symptoms (Sele apply.):	ct all that	□ Auditory/visu □ Command ho	al hallucinations allucinations		Paranoia Delusions	
Substance (Sele	ct all that apply	/.):				
🗆 Alcohol		🗆 Marijuana			Cocaine	
		□ LSD		1 []	Methamph	etamines
□ Opiods		🗆 Barbiturates			Benzodiaz	epines
🗆 Other (Descrik	be):					
Urine drug scree	n?			□ Yes	🗆 No	🗆 Unknown
Result (if applicable):						
Blood alcohol le	vel: □ No	🗆 Unknown				
Result (if applicable):						
Substance use screening (Select if applicable and give score.):						
Substance use screening (Select if applicable and give score.):						
For substance use disorders, please complete the following additional information						
Current assessment of American Society of Addiction Medicine (ASAM) criteria						
Dimension (Describe or give symptoms.) Risk rating						
Dimension 1 (Acute intoxication and/or withdrawal potential, such as vitals and withdrawal symptoms):		 Minimal/none — not under influence; minimal withdrawal potential Mild — recent use but minimal withdrawal potential 				

	 Moderate — recent use; needs 24-hour monitoring Significant — potential for or history of severe withdrawal; history of withdrawal seizures Severe — presents with severe withdrawal, current withdrawal seizures
Dimension 2 (Biomedical conditions and complications):	 Minimal/none — none or insignificant medical problems Mild — mild medical problems that do not require special monitoring Moderate — medical condition requires monitoring but not intensive treatment Significant — medical condition has a significant impact on treatment and requires 24-hour monitoring Severe — medical condition requires intensive 24-hour medical management
Dimension 3 (emotional, behavioral or cognitive complications):	 Minimal/none — none or insignificant psychiatric or behavioral symptoms Mild — psychiatric or behavioral symptoms have minimal impact on treatment Moderate — impaired mental status; passive suicidal/homicidal ideations; impaired ability to complete ADLs Significant — suicidal/homicidal ideations, behavioral or cognitive problems or psychotic symptoms require 24-hour monitoring Severe — active suicidal/homicidal ideations and plans, acute psychosis, severe emotional lability or delusions; unable to attend to ADLs; psychiatric and/or behavioral symptoms require 24-hour medical management
Dimension 4 (readiness to change):	 Maintenance — engaged in treatment Action — committed to treatment and modifying behavior and surroundings

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	 Preparation — planning to take action and is making a adjustments to change behavior; has not resolved ambivalence Contemplative — ambivalent; acknowledges having a problem and beginning to think about it; has indefinite plan to change Precontemplative — in treatment due to external pressure; resistant to change
Dimension 5 (relapse, continued use or continued problem potential):	 Minimal/none — little likelihood of relapse Mild — recognizes triggers; uses coping skills Moderate — aware of potential triggers for MH/SA issues but requires close monitoring Significant — not aware of potential triggers for MH/SA issues; continues to use/relapse despite treatment Severe — unable to control use without 24-hour monitoring; unable to recognize potential triggers for MH/SA despite consequences
Dimension 6 (recovery living environment):	 Minimal/none — supportive environment Mild — environmental support adequate but inconsistent Moderate — moderately supportive environment for MH/SA issues Significant — lack of support in environment or environment supports substance use Severe — environment does not support recovery or mental health efforts; resides with an emotionally and/or physically abusive individual or active user; coping skills and recovery require a 24-hour setting
Current treatment plan	
Medications	

Have medications changed (type, dose and/or frequency) since admission Yes I No If yes, give medication, current amount, and change date:						
Member's parti	icipation in a	nd response to treat	ment			
Urine drug scre	en?			□ Yes	🗆 No	□ N/A
Family or other	supports inv	volved in treatment?		🗆 Yes	🗆 No	□ N/A
Adherent to medications as ordered?				□ Yes	🗆 No	□ N/A
Member is imp	roving in (Sel	ect all that apply.):				
Sleep	□ Yes	□ No	Performing ADL	_s 🗆 Yes		□ No
Affect	□ Yes	□ No	Impulse control/behavio	□ Yes or		□ No
Affect	□ Yes	□ No	Thought processes	□ Yes		□ No
Support system (Include coordination activities with case managers, family, community agencies, and so on. If case is open with another agency, name the agency, phone number, and case number.) Discharge plan (Note changes and barriers to discharge planning in these areas and plan for resolving barriers. If a recent readmission, indicate what is different about the plan from last time.)						
Housing issues:						
Psychiatry:						
Therapy and/or counseling:						
Medical:						

Wraparound services:	
Substance use services:	
Planned discharge level of care:	
Expected discharge date:	
Submitted by:	
Phone:	