



Iowa | Medicaid and Children’s Health Insurance Program

## Clinical Utilization Management Guidelines

The new *Clinical Utilization Management (UM) Guidelines* below were adopted by the medical operations committee for Wellpoint members on June 23, 2022, and September 22, 2022.

To view a guideline, visit <https://provider.wellpoint.com/iowa-provider/resources/manuals-and-guides> and select **Medical Policies and Clinical UM Guidelines**.

CUMG number	CUMG title	New item
CG-ADMIN-01	Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists	
CG-ANC-03	Acupuncture	
CG-ANC-04	Ambulance Services: Air and Water	
CG-ANC-05	Ambulance Services: Ground; Emergent	
CG-ANC-06	Ambulance Services: Ground; Nonemergent	
CG-ANC-07	Inpatient Interfacility Transfers	
CG-ANC-08	Mobile Device-Based Health Management Applications	
CG-BEH-02	Adaptive Behavioral Treatment	
CG-BEH-14	Intensive In-Home Behavioral Health Services	
CG-BEH-15	Activity Therapy for Autism Spectrum Disorders and Rett Syndrome	
CG-DME-03	Neuromuscular Stimulation in the Treatment of Muscle Atrophy	
CG-DME-04	Electrical Nerve Stimulation, Transcutaneous, Percutaneous	
CG-DME-05	Cervical Traction Devices for Home Use	
CG-DME-06	Pneumatic Compression Devices for Lymphedema	
CG-DME-07	Augmentative and Alternative Communication (AAC) Devices with Digitized or Synthesized Speech Output	
CG-DME-08	Infant Home Apnea Monitors	

CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites using an Elastomeric Infusion Pump During the Postoperative Period
CG-DME-10	Durable Medical Equipment
CG-DME-12	Home Phototherapy Devices for Neonatal Hyperbilirubinemia
CG-DME-13	Lower Limb Prosthesis
CG-DME-15	Hospital Beds and Accessories
CG-DME-16	Pressure Reducing Support Systems Groups 1, 2 and 3
CG-DME-18	Home Oxygen Therapy
CG-DME-19	Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes
CG-DME-20	Orthopedic Footwear
CG-DME-21	External Infusion Pumps for the Administration of Drugs in the Home or Residential Care Settings
CG-DME-22	Ankle-Foot & Knee-Ankle-Foot Orthoses
CG-DME-23	Lifting Devices for Use in the Home
CG-DME-24	Wheeled Mobility Devices: Manual Wheelchairs — Standard, Heavy Duty and Lightweight
CG-DME-25	Seat Lift Mechanisms
CG-DME-26	Back-Up Ventilators in the Home Setting
CG-DME-30	Prothrombin Time Self-Monitoring Devices
CG-DME-31	Wheeled Mobility Devices: Wheelchairs — Powered, Motorized, With or Without Power Seating Systems, and Power Operated Vehicles (POVs)
CG-DME-33	Wheeled Mobility Devices: Manual Wheelchairs — Ultra Lightweight
CG-DME-34	Wheeled Mobility Devices: Wheelchair Accessories
CG-DME-35	Electric Breast Pumps
CG-DME-36	Pediatric Gait Trainers
CG-DME-37	Air Conduction Hearing Aids

<b>CG-DME-39</b>	Dynamic Low-Load Prolonged-Duration Stretch Devices
<b>CG-DME-40</b>	Noninvasive Electrical Bone Growth Stimulation of the Appendicular Skeleton
<b>CG-DME-41</b>	Ultraviolet Light Therapy Delivery Devices for Home Use
<b>CG-DME-42</b>	Nonimplantable Insulin Infusion and Blood Glucose Monitoring Devices
<b>CG-DME-43</b>	High Frequency Chest Compression Devices for Airway Clearance
<b>CG-DME-44</b>	Electric Tumor Treatment Field (TTF)
<b>CG-DME-45</b>	Ultrasound Bone Growth Stimulation
<b>CG-DME-46</b>	Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting
<b>CG-DME-47</b>	Noninvasive Home Ventilator Therapy for Respiratory Failure
<b>CG-DME-48</b>	Vacuum Assisted Wound Therapy in the Outpatient Setting
<b>CG-DME-49</b>	Standing Frames
<b>CG-GENE-04</b>	Molecular Marker Evaluation of Thyroid Nodules
<b>CG-GENE-07</b>	BCR-ABL Mutation Analysis
<b>CG-GENE-10</b>	Chromosomal Microarray Analysis (CMA) for Developmental Delay, Autism Spectrum Disorder, Intellectual Disability (Intellectual Developmental Disorder) and Congenital Anomalies
<b>CG-GENE-11</b>	Genotype Testing for Individual Genetic Polymorphisms to Determine Drug-Metabolizer Status
<b>CG-GENE-13</b>	Genetic Testing for Inherited Diseases
<b>CG-GENE-14</b>	Gene Mutation Testing for Solid Tumor Cancer Susceptibility and Management
<b>CG-GENE-15</b>	Genetic Testing for Lynch Syndrome, Familial Adenomatous Polyposis (FAP), Attenuated FAP and MYH-associated Polyposis
<b>CG-GENE-16</b>	BRCA Testing for Breast and/or Ovarian Cancer Syndrome

CG-GENE-17	RET Proto-oncogene Testing for Endocrine Gland Cancer Susceptibility
CG-GENE-18	Genetic Testing for TP53 Mutations
CG-GENE-19	Detection and Quantification of Tumor DNA Using Next Generation Sequencing in Lymphoid Cancers
CG-GENE-21	Cell-Free Fetal DNA-Based Prenatal Testing
CG-GENE-22	Gene Expression Profiling for Managing Breast Cancer Treatment
CG-GENE-23	Genetic Testing for Heritable Cardiac Conditions
CG-LAB-03	Tropism Testing for HIV Management
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain
CG-LAB-10	Zika Virus Testing
CG-LAB-11	Screening for Vitamin D Deficiency in Average Risk Individuals
CG-LAB-12	Testing for Oral and Esophageal Cancer
CG-LAB-13	Skin Nerve Fiber Density Testing
CG-LAB-14	Respiratory Viral Panel Testing in the Outpatient Setting
CG-LAB-15	Red Blood Cell Folic Acid Testing
CG-LAB-16	Serum Amylase Testing
CG-LAB-17	Molecular Gastrointestinal Pathogen Panel (GI-PP) Testing for Infectious Diarrhea in the Outpatient Setting
CG-LAB-19	Laboratory Evaluation of Vitamin B12
CG-LAB-20	Thyroid Testing
CG-LAB-21	Serum Iron Testing
CG-LAB-22	Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis <b>NEW</b>
CG-MED-02	Esophageal pH Monitoring
CG-MED-05	Ketogenic Diet for Treatment of Intractable Seizures
CG-MED-08	Home Enteral Nutrition
CG-MED-19	Custodial Care

CG-MED-21	Anesthesia Services and Moderate ("Conscious") Sedation
CG-MED-23	Home Health
CG-MED-24	Electromyography and Nerve Conduction Studies
CG-MED-26	Neonatal Levels of Care
CG-MED-28	Iontophoresis for Medical Indications
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures
CG-MED-35	Retinal Telescreening Systems
CG-MED-37	Intensive Programs for Pediatric Feeding Disorders
CG-MED-38	Inpatient admission for Radiation Therapy for Cervical or Thyroid Cancer
CG-MED-39	Bone Mineral Density Testing Measurement
CG-MED-40	External Ambulatory Event Monitors to Detect Cardiac Arrhythmias
CG-MED-41	Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting
CG-MED-42	Maternity Ultrasound in the Outpatient Setting
CG-MED-45	Transrectal Ultrasonography
CG-MED-46	Electroencephalography and Video Electroencephalographic Monitoring
CG-MED-47	Fundus Photography
CG-MED-48	Scrotal Ultrasound
CG-MED-49	Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials
CG-MED-51	Three-Dimensional (3-D) Rendering of Imaging Studies
CG-MED-52	Allergy Immunotherapy (Subcutaneous)
CG-MED-53	Cervical Cancer Screening Using Cytology and Human Papillomavirus Testing
CG-MED-54	Strapping
CG-MED-55	Site of Care: Advanced Radiologic Imaging

CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography
CG-MED-57	Cardiac Stress Testing with Electrocardiogram
CG-MED-59	Upper Gastrointestinal Endoscopy in Adults
CG-MED-61	Preoperative Testing for Low Risk Invasive Procedures and Surgeries
CG-MED-62	Resting Electrocardiogram Screening in Adults
CG-MED-63	Treatment of Hyperhidrosis
CG-MED-64	Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins
CG-MED-65	Manipulation Under Anesthesia
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue
CG-MED-68	Therapeutic Apheresis
CG-MED-69	Inhaled Nitric Oxide
CG-MED-70	Wireless Capsule Endoscopy for Gastrointestinal Imagine and the Patency Capsule
CG-MED-71	Chronic Wound Care in the Home or Outpatient Setting
CG-MED-72	Hyperthermia for Cancer Therapy
CG-MED-73	Hyperbaric Oxygen Therapy (Systemic/Topical)
CG-MED-74	Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry
CG-MED-76	Magnetic Source Imaging and Magnetoencephalography
CG-MED-78	Anesthesia Services for Interventional Pain Management Procedures
CG-MED-79	Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm Pacing Systems
CG-MED-81	High Intensity Focused Ultrasound (HIFU) for Oncologic Indications
CG-MED-83	Site of Care: Specialty Pharmaceuticals
CG-MED-84	Non-Obstetric Gynecologic Duplex Ultrasonography of the Abdomen and Pelvis in the Outpatient Setting
CG-MED-85	Posterior Segment Optical Coherence Tomography

CG-MED-86	Enhanced External Counterpulsation in the Outpatient Setting	
CG-MED-88	Preimplantation Genetic Diagnosis Testing	
CG-MED-89	Home Parenteral Nutrition	
CG-MED-90	Chelation Therapy	<b>NEW</b>
CG-MED-91	Remote Therapeutic and Physiologic Monitoring Services	<b>NEW</b>
CG-OR-PR-02	Prefabricated and Prophylactic Knee Braces	
CG-OR-PR-03	Custom-made Knee Braces	
CG-OR-PR-04	Cranial Remodeling Bands and Helmets (Cranial Orthotics)	
CG-OR-PR-05	Myoelectric Upper Extremity Prosthesis Devices	
CG-OR-PR-06	Spinal Orthoses: Thoracic-Lumber-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumber	
CG-REHAB-02	Outpatient Cardiac Rehabilitation	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-REHAB-07	Skilled Nursing and Skilled Rehabilitation Services (Outpatient)	
CG-REHAB-08	Private Duty Nursing in the Home Setting	
CG-REHAB-10	Level of Care: Outpatient Physical Therapy, Occupational Therapy and Speech-Language Pathology Services	
CG-REHAB-12	Rehabilitative and Habilitative Services in the Home Setting: Physical Medicine/Physical Therapy, Occupational Therapy and Speech-Language Pathology	
CG-SURG-01	Colonoscopy	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift	
CG-SURG-05	Maze Procedure	
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib	
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury	
CG-SURG-09	Temporomandibular Disorders	
CG-SURG-10	Ambulatory or Outpatient Surgery Center Procedures	

<b>CG-SURG-11</b>	Surgical Treatment for Dupuytren's Contracture
<b>CG-SURG-12</b>	Penile Prosthesis Implantation
<b>CG-SURG-15</b>	Endometrial Ablation
<b>CG-SURG-17</b>	Trigger Point Injections
<b>CG-SURG-18</b>	Septoplasty
<b>CG-SURG-24</b>	Functional Endoscopic Sinus Surgery (FESS)
<b>CG-SURG-25</b>	Injection Treatment for Morton's Neuroma
<b>CG-SURG-27</b>	Gender Affirming Surgery
<b>CG-SURG-28</b>	Transcatheter Uterine Artery Embolization
<b>CG-SURG-29</b>	Lumbar Discography
<b>CG-SURG-30</b>	Tonsillectomy for Children with or without Adenoidectomy
<b>CG-SURG-31</b>	Treatment of Keloids and Scar Revision
<b>CG-SURG-34</b>	Diagnostic Infertility Surgery
<b>CG-SURG-35</b>	Intracytoplasmic Sperm Injection (ICSI)
<b>CG-SURG-36</b>	Adenoidectomy
<b>CG-SURG-37</b>	Destruction of Pre-Malignant Skin Lesions
<b>CG-SURG-40</b>	Cataract Removal Surgery for Adults
<b>CG-SURG-41</b>	Surgical Strabismus Correction
<b>CG-SURG-46</b>	Myringotomy and Tympanostomy Tube Insertion
<b>CG-SURG-49</b>	Endovascular Techniques (Percutaneous or Open Exposure) for Arterial Revascularization of the Lower Extremities
<b>CG-SURG-50</b>	Assistant Surgeons
<b>CG-SURG-51</b>	Outpatient Cystourethroscopy
<b>CG-SURG-52</b>	Site of Care: Hospital-Based Ambulatory Surgical Procedures and Endoscopic Services
<b>CG-SURG-55</b>	Cardiac Electrophysiological Studies (EPS) and Catheter Ablation
<b>CG-SURG-56</b>	Diagnostic Fiberoptic Flexible Laryngoscopy



<b>CG-SURG-57</b>	Diagnostic Nasal Endoscopy
<b>CG-SURG-58</b>	Radioactive Seed Localization of Nonpalpable Breast Lesions
<b>CG-SURG-59</b>	Vena Cava Filters
<b>CG-SURG-61</b>	Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver
<b>CG-SURG-63</b>	Cardiac Resynchronization Therapy with or without an Implantable Cardioverter Defibrillator for the Treatment of Heart Failure
<b>CG-SURG-70</b>	Gastric Electrical Stimulation
<b>CG-SURG-71</b>	Reduction Mammoplasty
<b>CG-SURG-72</b>	Endothelial Keratoplasty
<b>CG-SURG-73</b>	Balloon Sinus Ostial Dilation
<b>CG-SURG-75</b>	Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions
<b>CG-SURG-76</b>	Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty
<b>CG-SURG-77</b>	Refractive Surgery
<b>CG-SURG-78</b>	Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies
<b>CG-SURG-79</b>	Implantable Infusion Pumps
<b>CG-SURG-81</b>	Cochlear Implants and Auditory Brainstem Implants
<b>CG-SURG-82</b>	Bone-Anchored and Bone Conduction Hearing Aids
<b>CG-SURG-83</b>	Bariatric Surgery and Other Treatments for Clinically Severe Obesity
<b>CG-SURG-84</b>	Mandibular/Maxillary (Orthognathic) Surgery
<b>CG-SURG-85</b>	Hip Resurfacing
<b>CG-SURG-86</b>	Endovascular/Endoluminal Repair of Aortic Aneurysms, Aortoiliac Disease, Aortic Dissection and Aortic Transection
<b>CG-SURG-87</b>	Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring

<b>CG-SURG-88</b>	Mastectomy for Gynecomastia
<b>CG-SURG-89</b>	Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia
<b>CG-SURG-90</b>	Mohs Micrographic Surgery
<b>CG-SURG-91</b>	Minimally Invasive Ablative Procedures for Epilepsy
<b>CG-SURG-92</b>	Paraesophageal Hernia Repair
<b>CG-SURG-93</b>	Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction
<b>CG-SURG-94</b>	Keratoprosthesis
<b>CG-SURG-95</b>	Sacral Nerve Stimulation and Percutaneous Tibial Nerve Stimulation for Urinary and Fecal Incontinence; Urinary Retention
<b>CG-SURG-96</b>	Intraocular Telescope
<b>CG-SURG-97</b>	Cardioverter Defibrillators
<b>CG-SURG-98</b>	Prostate Biopsy using MRI Fusion Techniques
<b>CG-SURG-99</b>	Panniculectomy and Abdominoplasty
<b>CG-SURG-100</b>	Laser Trabeculoplasty and Laser Peripheral Iridotomy
<b>CG-SURG-101</b>	Ablative Techniques as a Treatment for Barrett's Esophagus
<b>CG-SURG-102</b>	Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy
<b>CG-SURG-103</b>	Penile Circumcision
<b>CG-SURG-104</b>	Intraoperative Neurophysiological Monitoring
<b>CG-SURG-105</b>	Corneal Collagen Cross-Linking
<b>CG-SURG-106</b>	Venous Angioplasty with or without Stent Placement or Venous Stenting Alone
<b>CG-SURG-107</b>	Surgical and Minimally Invasive Treatments for Benign Prostatic Hyperplasia (BPH)
<b>CG-SURG-108</b>	Stereotactic Radiofrequency Pallidotomy
<b>CG-SURG-110</b>	Lung Volume Reduction Surgery
<b>CG-SURG-111</b>	Open Sacroiliac Joint Fusion

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<b>CG-SURG-112</b>	Carpal Tunnel Decompression Surgery	
<b>CG-SURG-113</b>	Tonsillectomy with or without Adenoidectomy for Adults	
<b>CG-SURG-114</b>	Ophthalmic use of Nd:YAG Laser for Posterior Capsulotomy	<b>NEW</b>
<b>CG-THER-RAD-07</b>	Intravascular Brachytherapy (Coronary and Non-Coronary)	
<b>CG-TRANS-02</b>	Kidney Transplantation	
<b>CG-TRANS-03</b>	Donor Lymphocyte Infusion for Hematologic Malignancies after Allogeneic Hematopoietic Progenitor Cell Transplantation	

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